GORD GARVIE MEMORIAL WRESTLING FESTIVAL

JANUARY 6-7, 1995

GORDON T. GARVIE

B.Sc. (1969)
M.Sc. (1970)
Ph.D. (1980)
Builder (1970-77)

Gord Garvie established the Lakehead University wrestling program in the 1970-71 season, and coached until the 1976-77 season. Garvie was the driving force behind the elementary, high school, junior, senior, as well as university programs in Thunder Bay, and indeed, throughout Canada.

During his seven years at Lakehead, the L.U. wrestlers captured five consecutive conference championships, had a duel meet record of 52 wins and 13 losses, as well as having eight individual CIAU champions. In 1975, Garvie was selected as coach of the 1976 Olympic team, which gave Lakehead University a National Training Centre for the sport of amateur wrestling. During that season, many of Canada's top wrestlers came to Lakehead to train for the Montreal Olympic Games.

For his efforts as a coach, administrator, and builder, Gordon T. Garvie was installed onto the Lakehead University Wrestling Wall of Fame on January 13, 1990.

Prior to his death from Lou Gehrig's disease in 1988, Garvie coached many of the top matmen in the country. His proteges include local Thunder Bay heroes Dave Gibbons, Greg Koza, Steve Daniar, Harry Curtis, Randy Budner, Andy Connell, Phil Colyer, Bob Walsh and Richard Beauparlant. Others from all around Canada include Reg Laroque, Frank Abdou, Terry Paice, Bill Whiteway, Clive Llewellyn, Elvin Martin, Dale Adams, Ray Takahashi, Egan Beiler, Ted Fryia, and Nick Cipriano.

To commemorate the work of Gord Garvie, a small group of wrestling enthusiasts got together to organize the inaugural Gord Garvie Memorial Wrestling Festival January 12-13, 1990. Over 30 teams competed in three separate tournaments for different age classes, including elementary school, high school, and university. In all, there were over 250 wrestlers, coaches, and friends who took part in this memorable event.

SCHEDULE OF EVENTS

Friday, January 6th ~

11:00 a.m. to 1:30 p.m.	Elementary Division
4:00 p.m. to 6:00 p.m.	High School - Preliminary Rounds

Saturday, January 7th ~

9:00 a.m. to 4:00 p.m.	University/Open Division
9:00 a.m. to 4:00 p.m.	High school
1:00 p.m. to 2:00 p.m.	Wrestling Wall of Fame Presentation
5:30 p.m. to 9:00 p.m.	Banquet and Awards Presentation

Garvie Wrestling Festival

Banquet and Awards Presentation

Saturday, January 7

5:30 p.m. to 9:00 p.m.

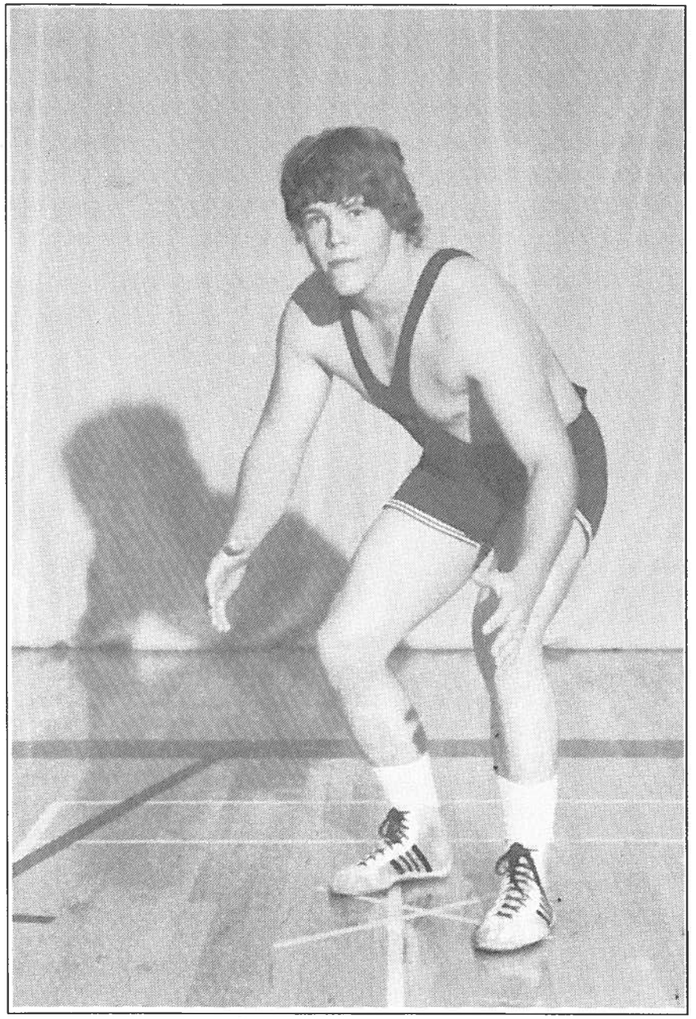
Lakehead University

Faculty Lounge

$12.00 per person

PROFILE

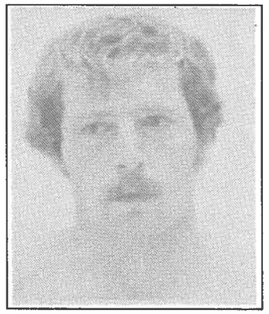
Terry Paice



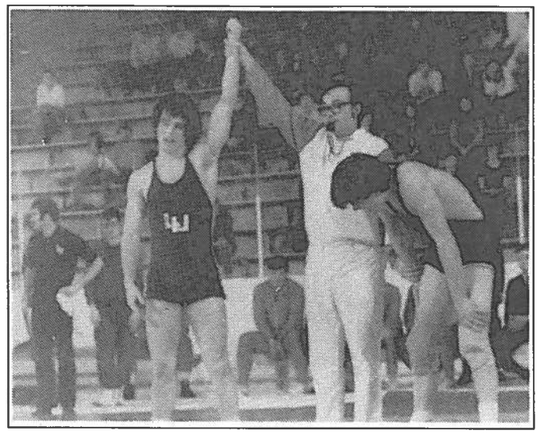
Terry Paice was the golden boy of wrestling, with most career wins, one who would leave a lasting impact on our sport and program.
He won two CIAU titles, two National Open titles, and placed 5th at the 1976 Montreal Olympics. His University record showed 149 victories and 22 losses. He holds school records for most career wins (149) and matches (171).
Terry won his first CIAU Championship in 1972, and again in 1974. He was voted Lakehead University's Athlete of the Year in 1974, and Most Valuable Wrestler in 1972, 1973, 1974, and 1975.
Paice won the Junior National Freestyle Championship in 1973, the National Senior Championships in 1974 and 1976. Internationally, Terry did very well, winning the Commonwealth Games in 1974 and ending his career at Lakehead with a 5th place finish at the 1976 Montreal Olympic Games. Terry went on to win the Masters World Championships in 1993.
For his efforts as a wrestler, Terry Paice will be installed onto the Lakehead University Wrestling Wall of Fame on January 7, 1995.

25 YEARS OF LAKEHEAD WRESTLING

Terry Paice - 1974 Commonwealth Games Champion; 5th, 1976 Olympic Games

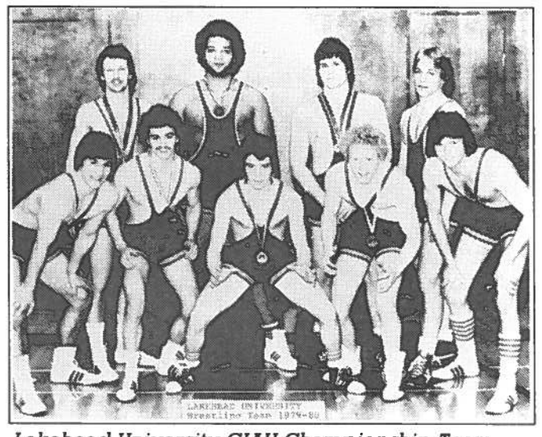


Frank Abdou - Lakehead University's first CIAU Champion

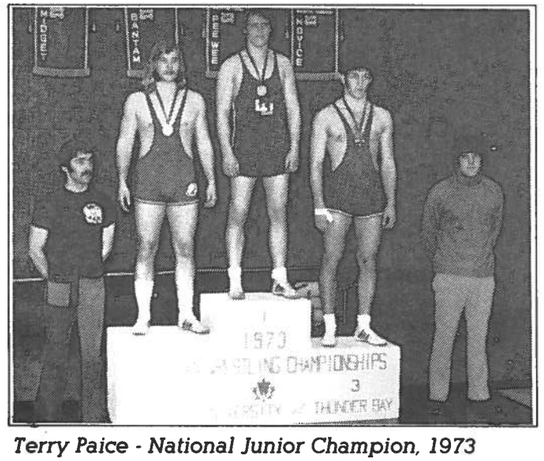


Dave Gibbons (early 70's), CIAU Silver Medal Winner

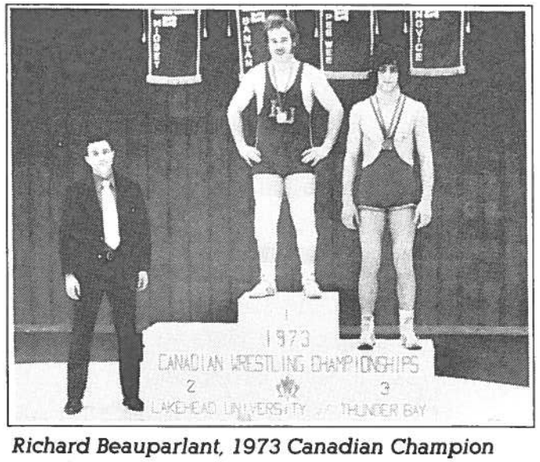
Garvie with Harry Curtis - CIAU Champion in the early 70's.



Lakehead University CIAU Championship Team 1979-80

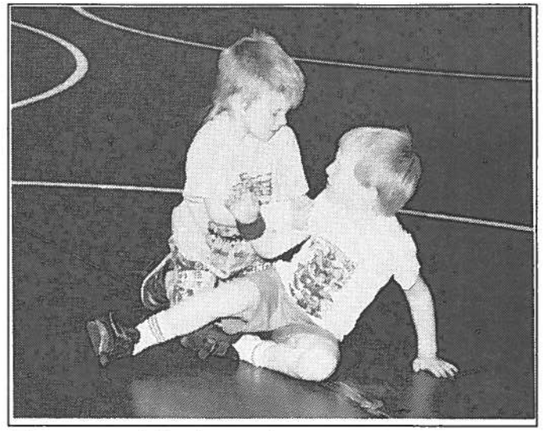


Terry Paice - National Junior Champion, 1973



Richard Beauparlant, 1973 Canadian Champion

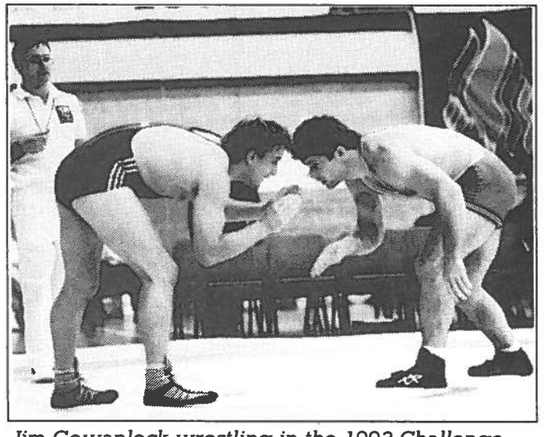
25 YEARS OF LAKEHEAD WRESTLING



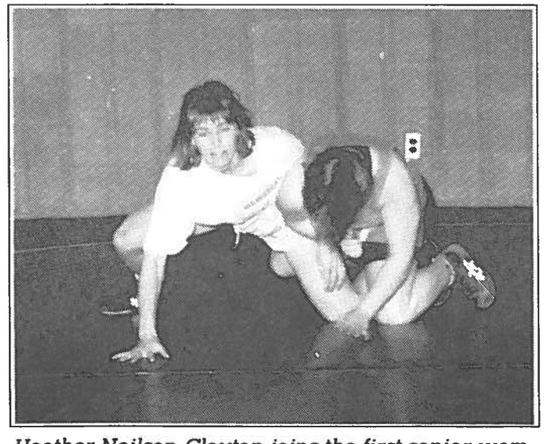
Elementary School wrestlers.

Frank Abdou and Norm LaVoie with Wall of Fame Plaque (1990).

It was a wrestler's reunion at the first Garvie Wrestling Festival (1990).



Jim Gowanlock wrestling in the 1993 Challenge Cup of Great Britain.



Heather Neilson-Clayton joins the first senior women's wrestling program at L.U. (1993).

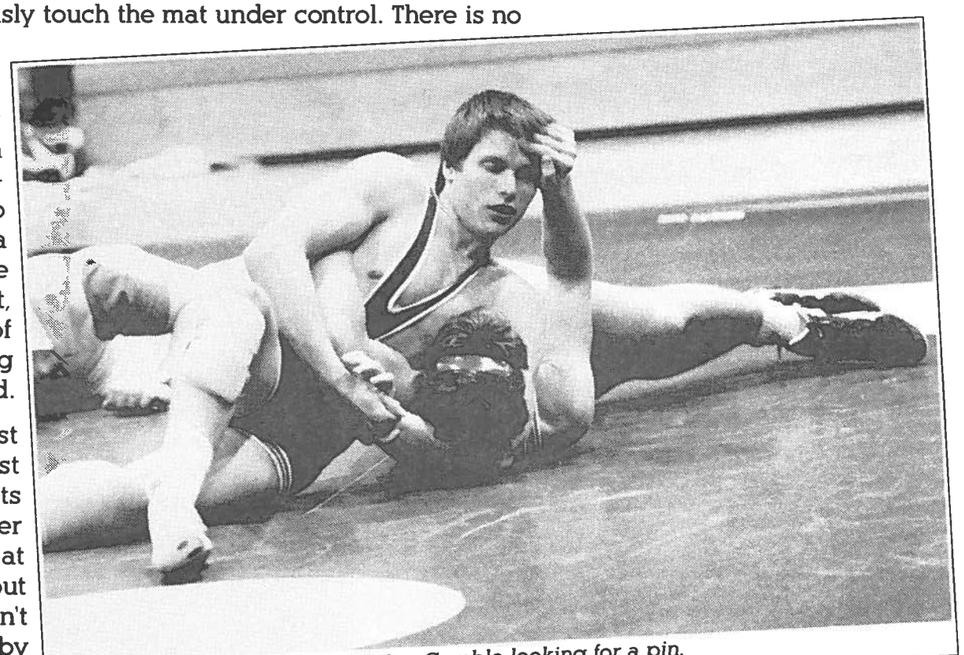
Coach Reino Niemi, seen here giving sound wrestling advice, has been coaching for 30 years.

freestyle wrestling

A Spectator's Guide

Wrestling is simple to understand. Once you've watched a couple of bouts, you'll soon come to grips with the rules and strategies of a sport whose same basic moves were recorded as far back at 3,100BC.

The ultimate aim of wrestling is to PIN your opponent - that is, to force their shoulder blades to simultaneously touch the mat under control. There is no physical count by the referee.



L.U.'s 1987 CIAU Medal Winner Les Gamble looking for a pin.

It is often very difficult to pin your opponent, so to determine a winner at the end of the bout, a system of points scoring is used.

Wrestlers must score at least three points before a winner is declared. If at the end of a bout 3 points haven't been scored by either wrestler, even if one wrestler is ahead on points, the bout goes into overtime until one of the wrestler reaches 3 points.

If a wrestler scores 10 points clear of their opponent, the bout is stopped as if a pin had been called and they are declared the winner by technical superiority.

Bouts last 5 minutes. Wrestlers compete wearing a one piece, close fitting singlet in either red or blue - the colour of which is assigned to each wrestler for each bout. A wrestler also carries a handkerchief.

KEEPING UP WITH THE SCORES

To help you understand the wrestling you are watching, you need to have an idea about just what actions a wrestler can perform which will earn them points.

1 POINT ✓

- bring your opponent to the ground by getting behind them, and while in this position hold them down in control
- to the wrestler who holds their opponent on their back for 5 seconds
- to the attacking wrestler whose opponent runs off the mat

2 POINTS ✓✓

- to the wrestler who turns their opponent's shoulders to the mat

3 POINTS ✓✓✓

- to the wrestler who, from the standing position, takes his opponent directly to his back

5 POINTS ✓✓✓✓✓

- to the wrestler who in the standing position performs a GRAND AMPLITUDE throw with his opponent going to his back

PASSIVITY is considered to be any behaviour on the part of one or both wrestlers who, contrary to the spirit and aims of total wrestling. If passivity persists, a wrestler may be cautioned and their opponent may be given an advantage position.

WRESTLING FESTIVAL SPONSORS!

The Organizing Committee and participants of the 1995 Gord Garvie Memorial Wrestling Festival would like to thank the following companies who have given their generous support to different weight classes throughout this tournament. Their backing is very much appreciated!!

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