

THE THUNDERDOME

Lakehead University, Thunder Bay, Ontario



Official Souvenir
Program

1997 BASKETBALL NATIONALS



MARCH
14-16
MARS

Lakehead University is proud to host
the 1997 CIAU National Women's Basketball Championship!

Lakehead University est fière d'organiser
le Championnat de basketball féminin de l'USIC.

LAKEHEAD UNIVERSITY

Lakehead University's campus is situated on approximately 150 hectares of scenic, wooded land overlooking the city of Thunder Bay. Most of the buildings are grouped around Lake Tamblyn, a man-made lake, with the residence complex hugging the banks of the McIntyre River. Many people take advantage of the paved trails leading into, out of and around the campus by walking, jogging, bicycling or, in the winter, cross-country skiing!

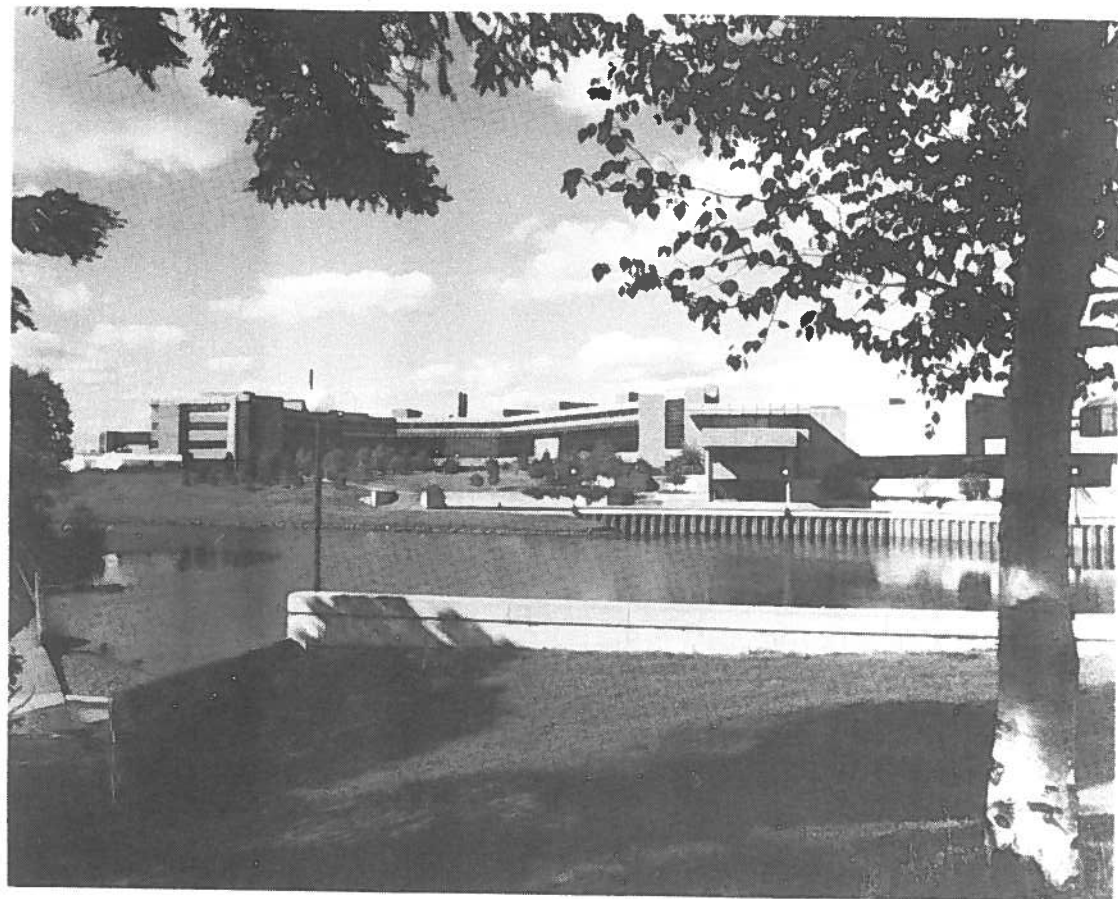
Set in the rugged beauty of Northwestern Ontario, Lakehead University offers a wide range of personal educational opportunities - including Kinesiology, Forestry, Business, Outdoor Recreation, Parks and Tourism, Engineering, and Arts and Science programs.

With an enrolment of almost 6000 full-time students, relatively small class sizes encourage communication between students and faculty. This allows the student greater opportunity for "hands-on" experience in labs, and easier accessibility to a wide range of facilities.

The Student Union offers each student the opportunity to become involved in academic, political and social affairs both on and off campus.

A library housing 600,000 volumes, modern laboratories, extensive research facilities and lecture rooms all support the academic activities of the University. Many of the buildings are connected by underground tunnels for comfortable walking during inclement weather. In addition, the Alumni Bookstore, restaurants, a convenience store and Automatic Banking Machines are located on campus.

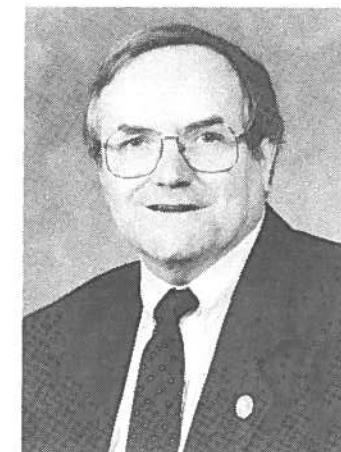
Lakehead offers the unbeatable combination of quality education and one of the most beautiful locations in Canada - Thunder Bay.



1997 BASKETBALL NATIONALS!



Lakehead University President's Message



As President of Lakehead University, I extend warmest greetings to all participants and guests of the CIAU Women's Basketball Championship.

I would like to welcome athletes, coaches, parents and guests who have travelled from all parts of Canada to participate in this wonderful event at the Thunderdome. I hope your visit to Lakehead University will be an exciting and memorable one.

In addition to the quality basketball being played over the next few days, I invite all to sample what Lakehead University and the Thunder Bay community in this beautiful Lake Superior region have to offer.

En tant que Président de l'université Lakehead, je voudrais accueillir chaleureusement tous les participants et invités au Championnat de ballon painer USIC féminin.

J'aimerais souhaiter le bienvenue aux athlètes, entraîneurs, parents et invités qui ont voyagé de différents endroits du Canada pour venir participer à cet évènement merveilleux au Thunderdome.

En plus d'une qualité exceptionnelle de ballon panier jouée durant les prochains jours, je vous invite à découvrir ce que l'université Lakehead, la communauté de Thunder Bay et cette merveilleuse région du lac Supérieur a à vous offrir.

*Bonne chance at meilleurs vœux de succès durant le tournoi.
Good Luck and best wishes for a successful tournament.*

*Dr. Bob Rosehart
President, Lakehead University*

Deputy Prime Minister and
Minister of Canadian Heritage

Vice-première ministre et
ministre du Patrimoine canadien

Ottawa, Canada K1A 0M5



A warm welcome to all the participants in the 1997 **CIAU Women's Basketball Championship!** This is going to be an exciting, hard-fought and hard-won championship between Canada's best women's basketball teams.

It's your teamwork that brought you to this championship. And it's your skill and will to win that gives so much pleasure to basketball fans all over our country. Congratulations to you and a big thank you to all the coaches and officials whose efforts have contributed so much to your success.

Win or lose, you are all champions.

As Deputy Prime Minister and Minister of Canadian Heritage, I appreciate your contribution to maintaining the high standards of Canadian amateur sport. Best wishes and good luck!

Sheila Copps

Je tiens à souhaiter cordialement la bienvenue à toutes celles qui participent à l'édition 1997 du **Championnat de basket-ball féminin de l'USIC**. Nous aurons droit à une chaude lutte entre les meilleures équipes universitaires de basket-ball féminin au Canada.

Votre remarquable travail d'équipe vous a conduites à ce championnat. Par ailleurs, grâce à votre talent et votre désir de vaincre, vous stimulez l'intérêt des amateurs et amatrices de basket-ball partout au pays. Félicitations à vous toutes et merci beaucoup à tous les entraîneurs et officiels qui, par leurs efforts, ont contribué à votre succès.

Que vous gagniez ou que vous perdiez, vous êtes toutes des championnes.

À titre de vice-première ministre et ministre du Patrimoine canadien, j'apprécie votre contribution au sport amateur canadien qui se distingue par sa qualité. Bonne chance!

Canada

CIAU PRESIDENT

On behalf of the Canadian Interuniversity Athletic Union and our 47 member institutions, I wish to welcome you to the 1996-97 CIAU National Championships.

Across Canada, more than 11,000 university students have made the significant commitment to participate in CIAU competition. Again this year, each of the 16 CIAU National Championships provides an opportunity to celebrate the excellence of our very best coaches and student-athletes, who are achieving high levels of athletic performance within a variety of challenging and rewarding educational settings. We celebrate the skills and dedication of the 1996-97 All-Canadians as well as the recipients and nominees of the many recognition awards which are presented as part of the Championship program. We celebrate the achievements of the past season and look forward with anticipation to outstanding competition.

Congratulations to all those who will strive to win a coveted red and white CIAU banner. You have already achieved great success in qualifying for this prestigious national event, and now a CIAU championship is within your reach.

Each CIAU Championship is unique, and each event is the result of countless hours of dedication and effort from the members of the respective Organizing Committees. These Committees bring together university staff and students, alumni, sponsors and our friends in the community. I wish to express the gratitude and appreciation of the CIAU to members of each Organizing Committee for your efforts. Congratulations on a job well done. The combination of outstanding coaches and student-athletes plus dedicated organizers and volunteers will make the 1996-97 CIAU Championships a memorable experience and an impressive showcase for university sport.



PRÉSIDENTE DE L'USIC

Au nom de l'Union sportive interuniversitaire canadienne et de ses 47 établissements membres, je vous souhaite la bienvenue aux championnats nationaux de l'USIC de 1996-1997.

Plus de 11 000 étudiants universitaires du Canada ont pris l'importante décision de participer aux compétitions de l'USIC. Chacun des 16 championnats nationaux de l'USIC représente encore une fois cette année une célébration de l'excellence de nos meilleurs entraîneurs et étudiants athlètes qui réussissent à atteindre un niveau de prestation sportive élevé dans divers environnements académiques enrichissants et éducatifs. Nous célébrons les aptitudes et le dévouement des étoiles de 1996-1997 ainsi que les lauréats et candidats aux nombreux prix de reconnaissance présentés dans le cadre de notre programme de championnat. Nous célébrons nos réalisations de la saison qui se termine et espérons assister à une compétition remarquable.

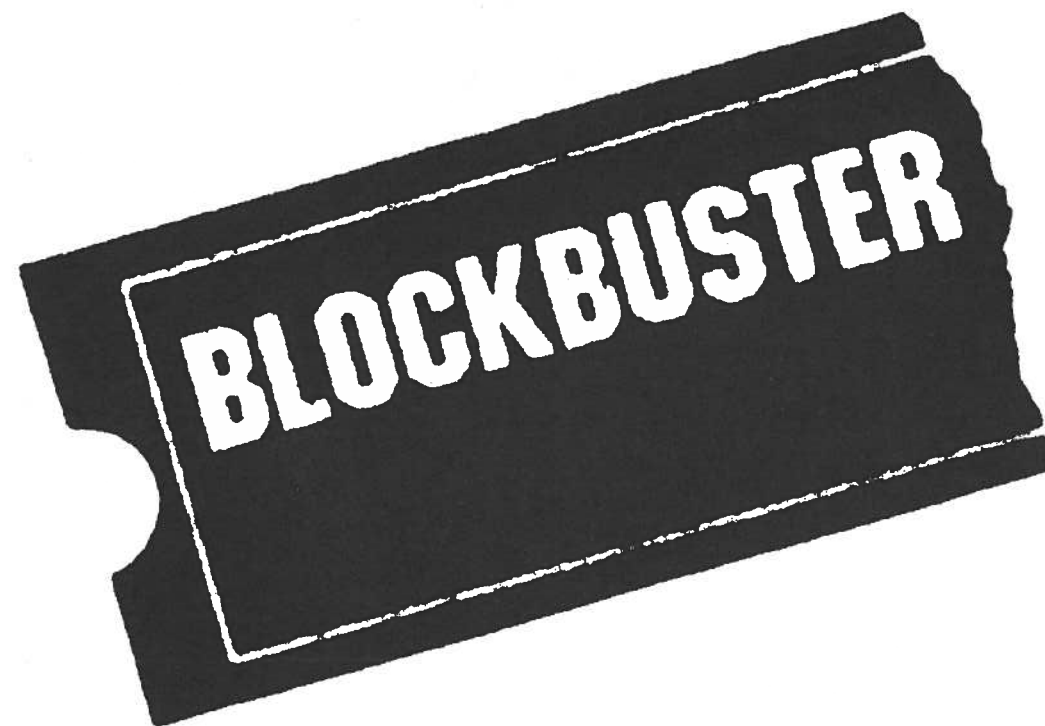
Félicitations à tous ceux et celles qui tenteront de gagner les bannières rouge et blanc de l'USIC tant convoitées. Vous avez déjà franchi une étape importante en vous qualifiant pour cette compétition nationale prestigieuse. Le championnat de l'USIC est à votre portée.

Tous les championnats de l'USIC sont uniques et chacune des épreuves est le fruit de nombreuses heures de dévouement et d'effort de la part des comités organisateurs respectifs. Ces comités sont formés du personnel des universités, d'étudiants actuels, d'anciens étudiants, de commanditaires et de citoyens. Je désire transmettre la reconnaissance et l'appréciation de l'USIC à tous les membres du comité organisateur. Félicitations pour votre bon travail. Les championnats de l'USIC de 1996-1997, qui réuniront des entraîneurs et des athlètes exceptionnels de même que des organisateurs et des bénévoles dévoués, permettront de vivre une expérience mémorable et seront une manifestation impressionnante du sport universitaire.

Elizabeth Hoffman



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5116KA26



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the recipient. Coupons not valid with any other promotion
and must be relinquished at the of purchase. One coupon
per person per visit.

5116KA26



1997 Basketball Nationals! Host Committee



On behalf of the organizing committee, I am pleased to welcome all participants and spectators to the 1997 CIAU Women's Basketball Championship Tournament.

Women's Sport, and especially Basketball, has increased in popularity over the years. We are honoured to be hosting this important national championship which provides an excellent opportunity to applaud the accomplishments of outstanding individuals involved in women's sport.

I wish to give special thanks to the multitude of volunteer workers who contributed so ably to this event. Your combined efforts have ensured a most successful and enjoyable tournament.

To the teams, good luck and best wishes for a successful tournament.

Au nom du comité d'organisateur, je suis heureux de souhaiter la bienvenue aux participant(e)s et spectateurs au Tournoi du Championnat de Ballon Panier USIC Féminin.

Le sport féminin, surtout le basketball, a augmenté en popularité au cours des années. Donc nous sommes honorés d'être hôte de ce championnat national, qui nous donne l'occasion d'applaudir les accomplissements des individus remarquables impliqués dans le sport féminin.

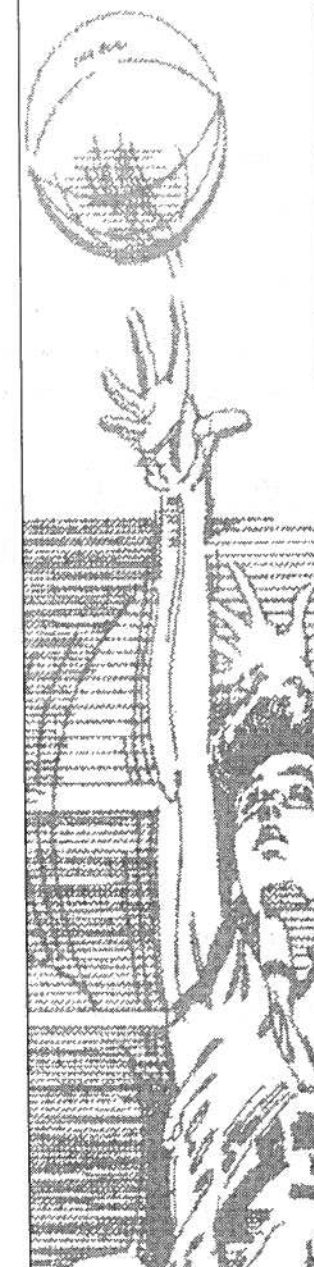
Je veux remercier le grand nombre de bénévoles qui ont contribué avec compétence à cet événement. Vos efforts combinés ont assuré un tournoi réussi et agréable.

Bonne chance aux équipes. Je vous souhaite un tournoi rempli de succès.

Norm LaVoie

Tournament Convenor

Comité organisateur du championnat de basketball féminin de l'USIC



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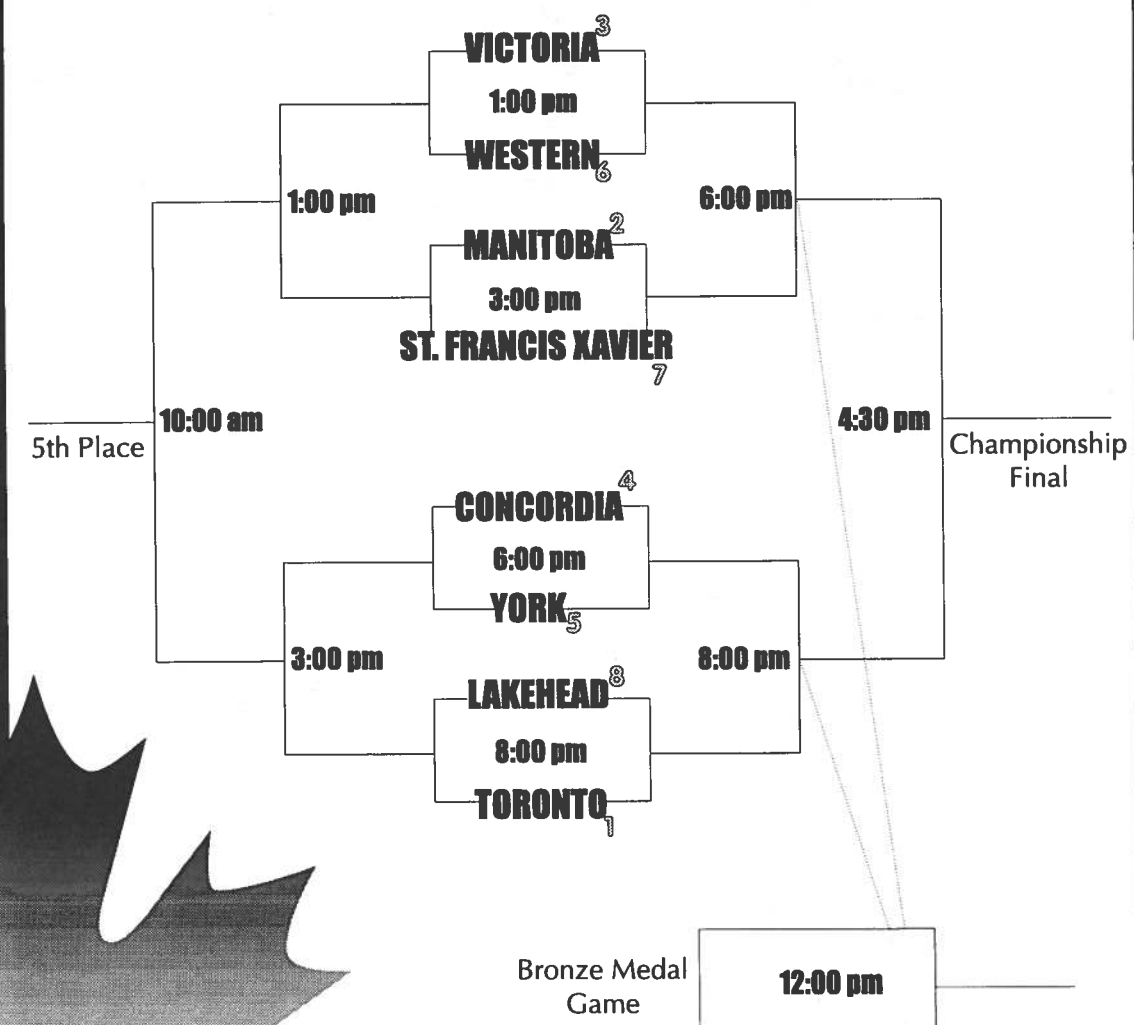
Ontario No. 2614962 Wholesale No. 2614970

1997 BASKETBALL NATIONALS

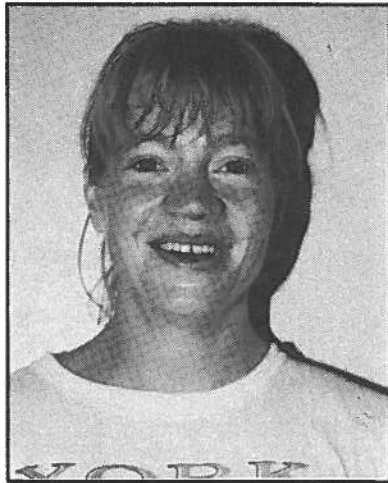


TOURNAMENT DRAW
FRIDAY, MARCH 14 - SUNDAY, MARCH 16, 1997

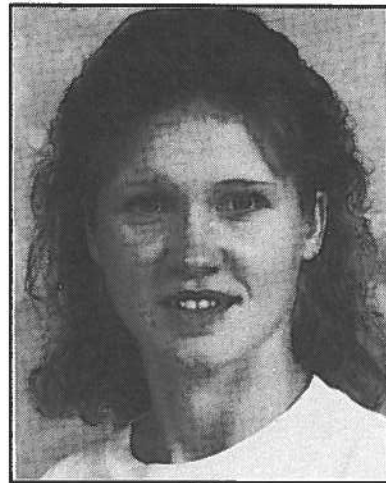
SUN. SAT. FRI. SAT. SUN.



1996-97 FIRST TEAM ALL-CANADIAN



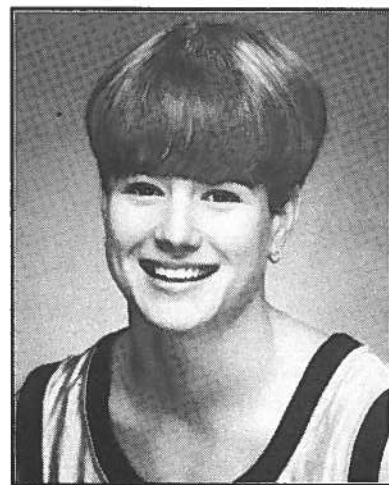
KAREN JACKSON
YORK
4th Year



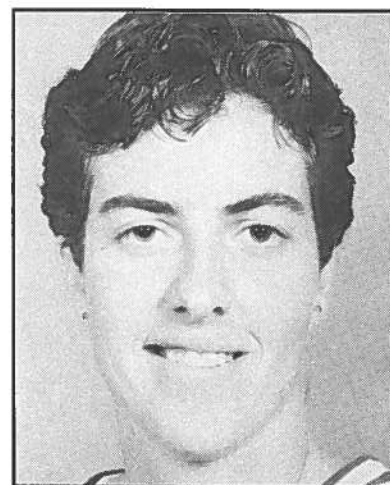
TERRI-LEE JOHANNESSON
MANITOBA
5th Year



LISA KOOP
VICTORIA
4th Year

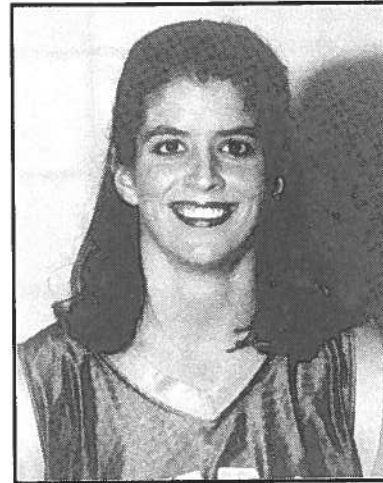


TRENA MOTT
REGINA
5th Year



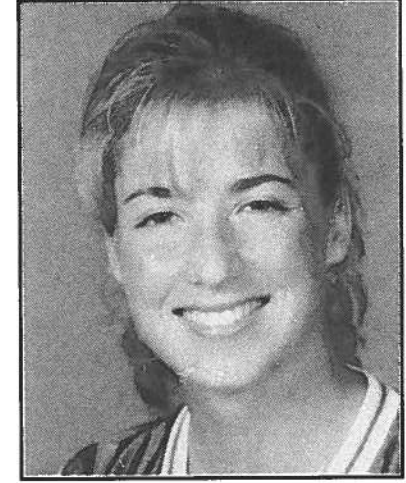
VICKY TESSIER
McGILL
5th Year

TSN AWARD



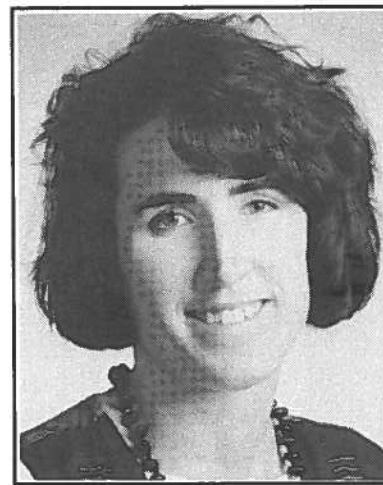
NADINE FENNIG
ALBERTA

TRACY MACCLOUD AWARD



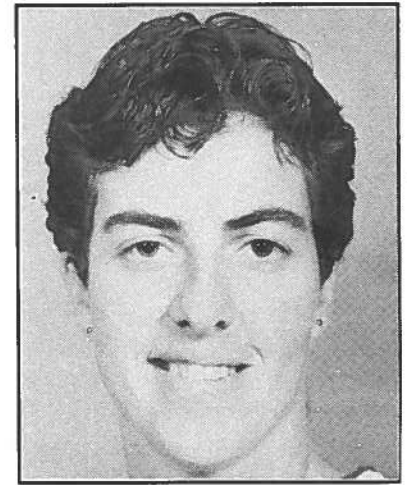
KAREN ARNOTT
GUELPH

COACH OF THE YEAR



CHRISTINE STAPLETON
REGINA

NANN COPP AWARD



VICKY TESSIER
McGILL

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UNIVERSITY OF TORONTO



1996/97 VARSITY BLUES

NO	NAME	HT	POSITION	YEAR	HOMETOWN
4	KAREN BOTTINEAU	5'8"	GUARD	2	ST. THOMAS
5	MAJA BABIC	5'8"	GUARD	3	ETOBICOKE
6	STEPHANIE SPLITTER	6'1"	POST	2	THORNHILL
7	NAOMI DOVE	6'0"	FORWARD	2	DRYDEN
8	RACHEL DEI-AMOA	5'8"	GRD/FWD	5	HAMILTON
9	LAURA VERBEETEN	6'0"	GUARD	1	TORONTO
10	ELIZABETH HART	5'10"	GUARD	4	BRANTFORD
11	ENID HEADLEY	5'11"	FORWARD	2	PORT CREDIT
12	SAMANTHA BURROWS	6'2"	POST	2	NEPEAN
13	ALICIA BRAND	5'11"	FORWARD	3	LONDON
14	LAUREL JOHNSON	6'1"	FORWARD	4	OWEN SOUND
15	SUZANNE McALPINE	5'9"	GUARD	1	NEPEAN
	MELISSA BREMNER	5'7"	GUARD	1	SCARBOROUGH

Head Coach: MICHELE BELANGER

Assistant Coach: CATHY CASEY, MARY ANN KOWAL, ANDREA BLACKWELL

Therapist: EMMANUEL FRANTZIS

CONCORDIA UNIVERSITY



1996/97 WOMEN STINGERS

NO	NAME	HT	POSITION	YEAR	HOMETOWN
4	AMY MacDONALD	5'11"	FORWARD	2	TRURO, N.S.
5	CAULINE PENNEY	5'9"	GUARD	1	WHITBY
6	JULIE NADEAU	5'9"	GUARD	2	MASCOUCHE, QUE
7	WANDA VIEIRA	5'4"	GUARD	3	MONTREAL
8	GUYLAINE BLANCHETTE	6'0"	FORWARD	3	ST. LEONARD, QUE
10	CAROL-ANNE TULL	5'3"	GUARD	1	ST. HUBERT, QUE
11	JENNIFER SMITH	5'7"	GUARD	4	PEMBROKE
12	ISABELLE BERNIER	6'0"	FORWARD	5	DRUMMONDVILLE
13	MARIE-HELENE HEROUX	5'11"	FORWARD	3	TROIS RIVIERES
14	JAIME SOCHASKY	5'5"	GUARD	3	KINGSTON
15	WANITA JONES	5'10"	GUARD	3	MONTREAL
20	PATRICIA DEMERS	5'11"	FORWARD	5	ST. LAURENT, QUE

Head Coach: KEITH PRUDEN

Manager: CHRISTINE DURRANT

Athletic Therapist: RON RAPPEL



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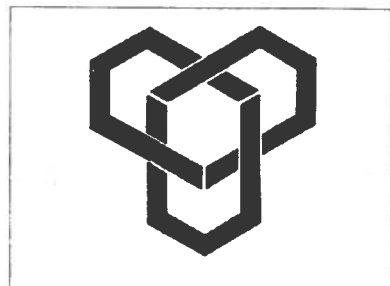
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YORK UNIVERSITY



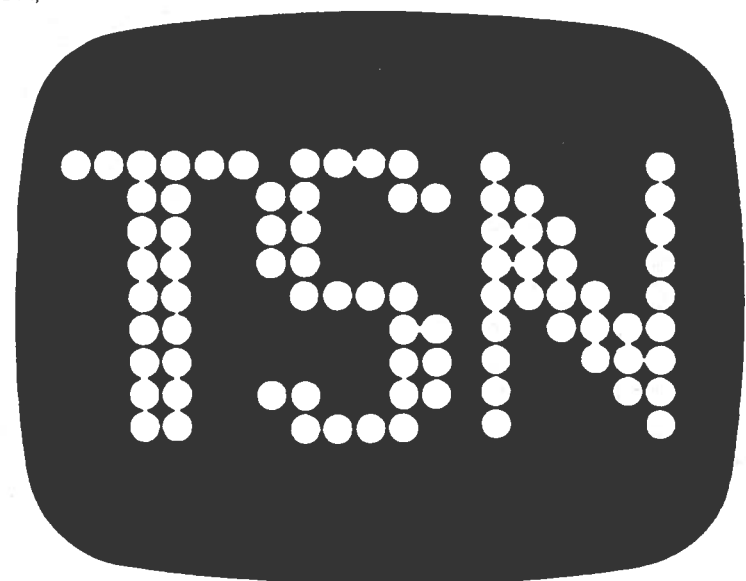
1996/97 YEOWOMEN

NO	NAME	HT	POSITION	YEAR	HOMETOWN
4	DENA WEINROTH	5'6"	GUARD	2	TORONTO
5	SUSY PACHECO	5'7"	GUARD	3	MISSISSAUGA
6	LEILA BURDEN	5'10"	GUARD	1	OAKVILLE
7	SHARON SLIWINSKI	5'11"	FORWARD	2	PETERBOROUGH
8	MAYA HABASH	5'9"	FORWARD	5	SCARBOROUGH
9	CHARLENE SLADE	5'11"	FORWARD	1	KINGSTON
10	SHELLEY LANG	5'8"	FORWARD	4	BRANTFORD
11	LESLIE RICHARDS	5'8"	GUARD	2	SARNIA
12	SHANNON CAREY	5'8"	GUARD	4	TORONTO
13	CHRISSY DICKSON	5'8"	FORWARD	4	KINGSTON
14	KAREN JACKSON	5'11"	FORWARD	4	PETERBOROUGH
15	KRISTEN RAINVILLE	6'0"	FORWARD	2	KITCHENER
21	APRIL TAYLOR	5'9"	FORWARD	3	BRANTFORD
22	ZOE DIMACOPOULOS	6'1"	FORWARD	1	TORONTO

Head Coach: BILL PANGOS

Assistant Coach: ANNE MARIE THUSS, ERIC TIESSEN

Therapist: MONICA ZUCK, TRACEY SHEEHAN



The Sports Network

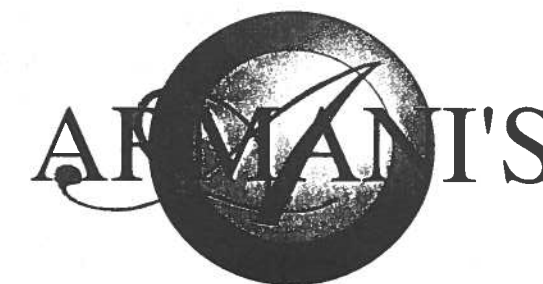
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UNIVERSITY OF WESTERN ONTARIO



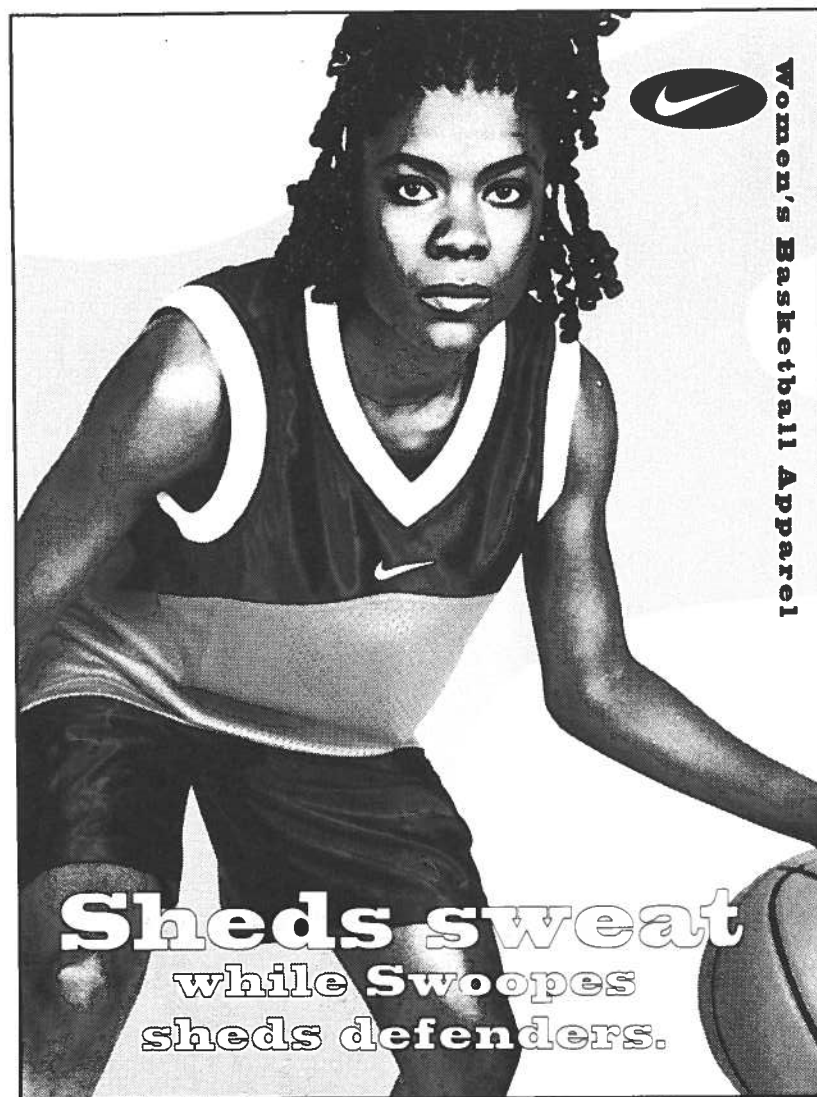
1996/97 MUSTANGS

NO	NAME	HT	POSITION	YEAR	HOMETOWN
4	TINA POLDERVAART	6'0"	FORWARD	2	GANANOQUE
5	CINDY SCOTT	5'9"	GUARD	1	BROCKVILLE
6	SONYA DOHERTY	5'9"	GUARD	1	LONDON
7	ANGELA NOBES	5'6"	GUARD	4	HAMILTON
8	JENNIFER HAYLOR	5'10"	GUARD	3	LONDON
9	SHANNON KAUPP	5'8"	GUARD	2	TRURO, N.S.
10	ALI CRANDLEMIRE	6'0"	FORWARD	3	FREDRICKTON, N.B.
11	HOLLI CLARKSON	5'11"	GUARD	1	FONTHILL
12	ADRIANA POMPA	6'1"	FORWARD	2	LONDON
13	NADIA PEZZOLO	5'11"	FORWARD	3	GRIMSBY
14	LORI BARTOLOTTA	5'10"	FORWARD	5	HAMILTON
15	TANNEKE BLAAUBOER	6'0"	FORWARD	3	AILSA CRAIG
	LISA GRANT	5'7"	GRD/FWD	1	KIPPEN, NFLD
	MEGAN REID	5'10"	GRD/FWD	4	LONDON

Head Coach: BOB DELANEY

Assistant Coach: DON COLEMAN, JODIE HAUCH

Trainers: KAREN AUSTIN, JOANNE O'FLAHERTY



Women's Basketball Apparel



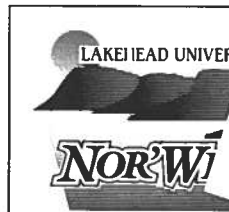
ST. FRANCIS XAVIER

1996/97 X-WOMEN

NO	NAME	HT	POSITION	YEAR	HOMETOWN
4	SARAH WILLIAMS	178cm	GUARD	3	CALGARY
5	JYLIAN CHISHOLM	168cm	GUARD	1	HOPEWELL, N.S.
6	CINDY DAPRAT	165cm	GUARD	1	CORNWALL
7	THERESA MACCUISH	175cm	GUARD	5	CAMPBELL'S HILL
8	SYRIL REDOICK	175cm	GUARD	1	ANTIGONISH
9	CATHERINE JANIESON	186cm	FORWARD	3	TORONTO
10	RUBY VRAY	173cm	GUARD	4	PRINCE GEORGE
11	SARAH MCPHERSON	175cm	GUARD	1	MONCTON
13	RITA RIEKSTS	180cm	FORWARD	3	ANTIGONISH
14	TINA ST. AMOUR	170cm	GUARD	3	OTTAWA
15	KRISTIN MOORE	178cm	FORWARD	1	PERTH-ANDOVER
20	ANGELA LARGE	180cm	FORWARD	1	CHARLOTTETOWN
30	DOIRIA SANDERSON	168cm	GUARD	2	ST. PETER'S BAY

Head Coach: DOC RYAN

LAKEHEAD UNIVERSITY



1996/97 WOMEN NOR'WESTERS

NO	NAME	HT	POSITION	YEAR	HOMETOWN
4	ERIN MANAHAN	5'5"	GUARD	3	THUNDER BAY
6	BECKY MORRISON	6'3"	POST	2	HAMPTON, NB
7	KERI-JO TIMMERMANS	5'8"	GUARD	2	PARKHILL
8	KATYA MASUN	5'8"	GUARD	4	FONTHILL
9	ALICIA GUNN	6'1"	FORWARD	2	MILTON
10	ROBIN LAWRENCE	5'10"	FORWARD	3	BARRIE
11	JENNIFER NICKASON	5'8"	GUARD	1	SARNIA
12	CAROLYNE BAZALUK	5'11"	FORWARD	2	THUNDER BAY
13	ALLISON SMITH	6'0"	POST	4	THUNDER BAY
14	ANGELA HRKAC	6'3"	POST	2	GEORGETOWN
15	AMY PINNEGAR	5'9"	FORWARD	3	LONDON

Head Coach: STU JULIUS

Assistant Coach: BOB MAIN

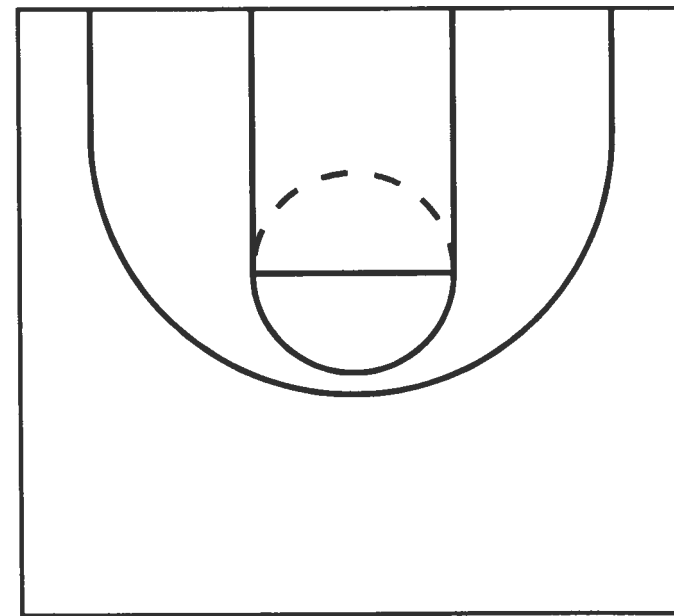
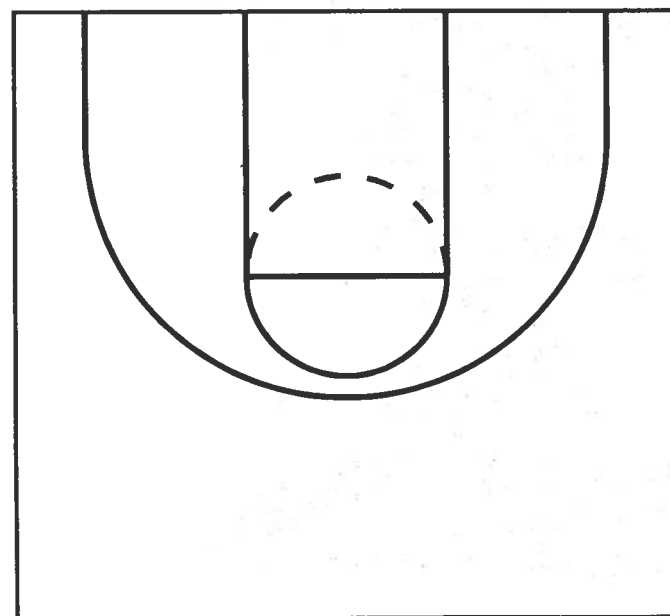
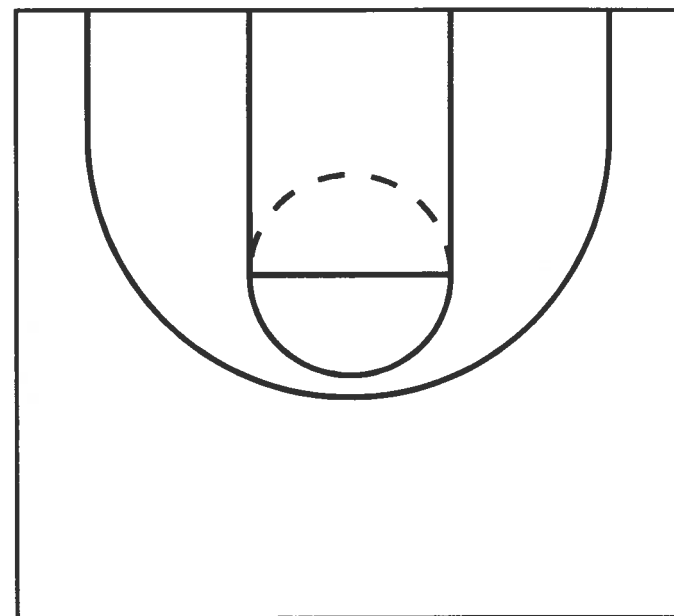
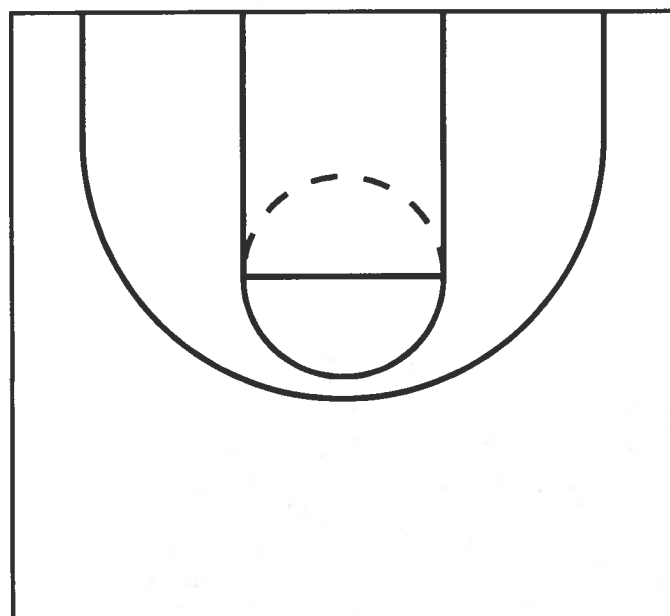
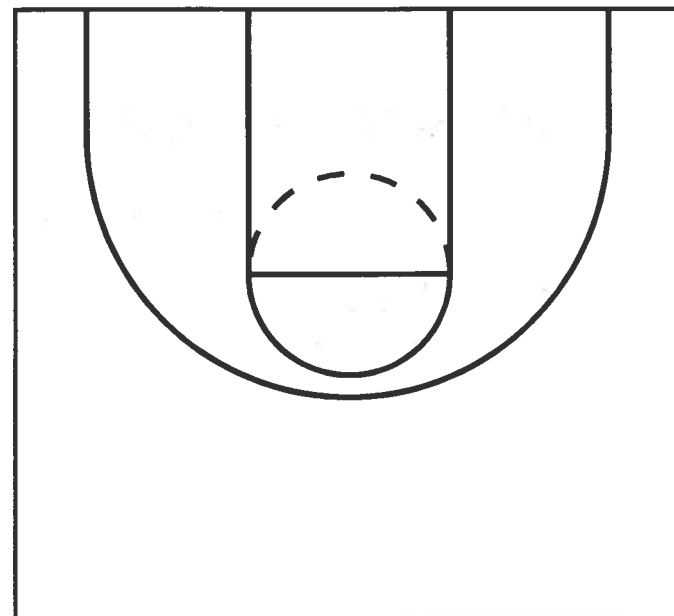
Student Therapists: KRISTEN CRAWFORD, CHRIS LLEWELLYN





OFFICIAL UNIFORM SUPPLIER
TO THE C.I.A.U.

Coach's Court



OFFICIALS' SIGNALS

VIOLATIONS

13 TRAVELLING Rotate fists	14 ILLEGAL DRIBBLE OR DOUBLE DRIBBLE Patting motion	15 CARRYING THE BALL Half rotation forward direction	16 3 SECOND VIOLATION Arm extended show 3 fingers
17 5 SECOND VIOLATION Show 5 fingers	18 10 SECOND VIOLATION Show 10 fingers	19 30 SECONDS SHOT CLOCK VIOLATION Fingers touch shoulder	20 BALL RETURNED TO BACK COURT Finger extended
21 INTENTIONAL FOOT BALL Point finger to the foot	22 OUT-OF-BOUNDS AND/OR DIRECTION OF PLAY Point finger parallel to sidelines	23 JUMP BALL Thumbs up	

TYPE OF FOUL

36 ILLEGAL USE OF HANDS Strike wrist	37 BLOCKING (Offence or Defence) Both hands on hips	38 EXCESSIVE SWINGING OF ELBOWS Swing elbow backwards	39 HOLDING Grasp wrist
40 PUSHING OR CHARGING WITHOUT THE BALL Imitate push	41 CHARGING WITH THE BALL Clenched fist strike open palm	42 FOUL BY TEAM IN CONTROL OF THE BALL Clenched fist towards basket of offending team	43 DOUBLE FOUL Wave clenched fists
44 TECHNICAL FOUL Form T palm showing	45 UNSPORTSMANLIKE FOUL Grasp wrist	46 DISQUALIFYING FOUL Clenched fists	

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TRIED

build of the 1997 Chevrolet Cavalier. It's there in the
power and performance of the 2.2L 4-cylinder

engine and the power rack and pinion steering. It's there in the features that are
still considered optional on some cars, but are standard on every Chevrolet Cavalier.

Like the control of 4-wheel anti-lock

brakes and the safety of two front

TESTED

air bags. Other

advantages of

the more demanding design of the

Cavalier are the security of front and

rear crush zones and side-guard door

beams. And the comfort of the well

thought-out design. The attitude that

results in substantial features like

these can also be seen in the little

TRUE

touches.

Like the

theatre-dimming interior lighting,

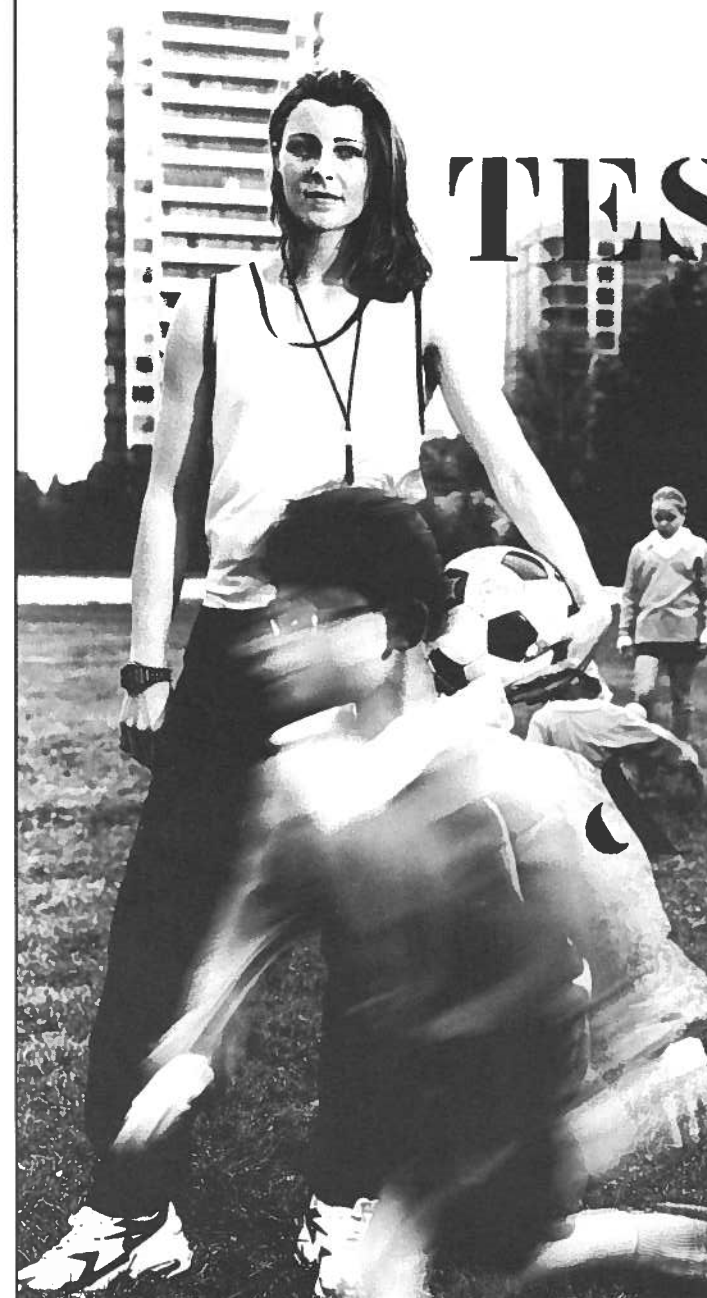
battery run-down protection and

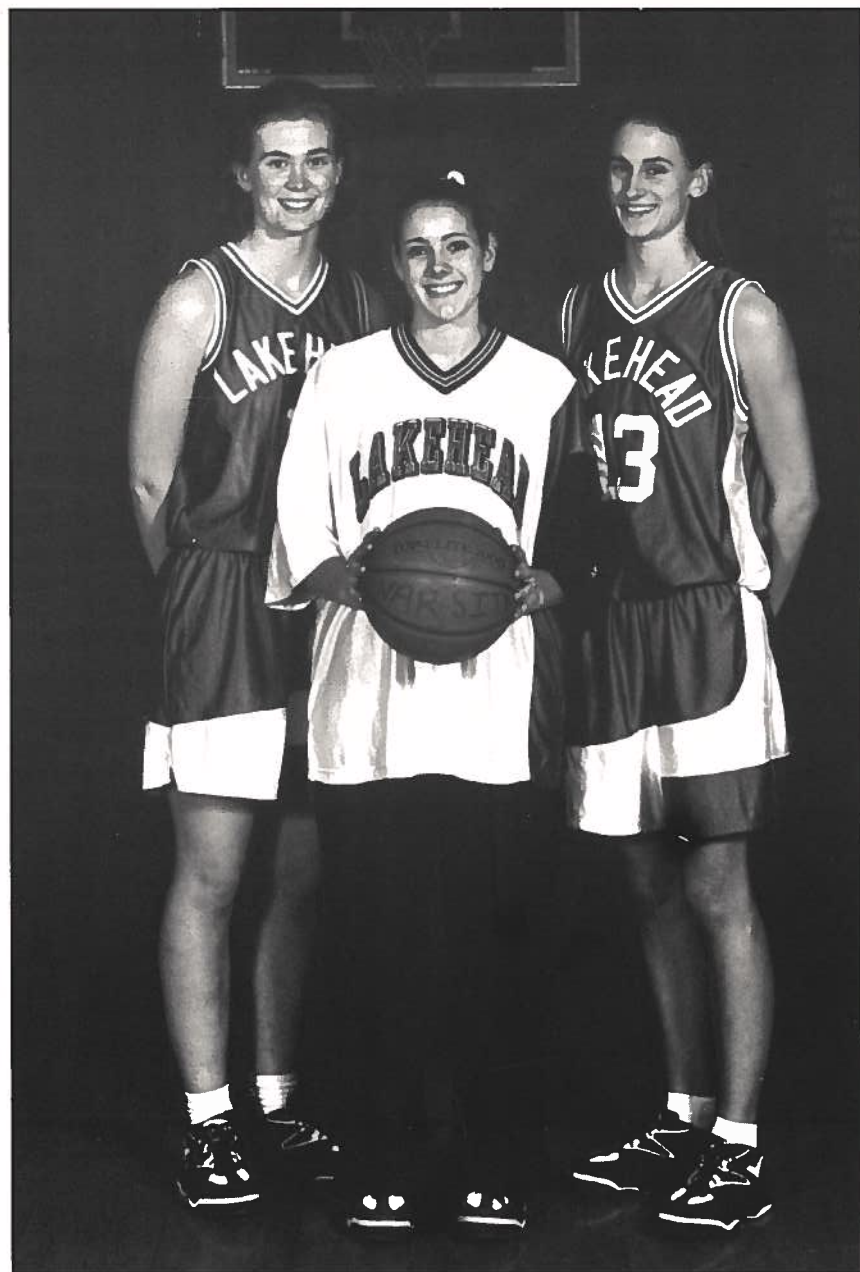
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Call it school spirit.

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better than anyone.