LAKEHEAD UNIVERSITY NOR'WESTERS

SEASON'S STATISTICS

1987-88

LAKEHEAD UNIVERSITY CHAMPIONSHIPS

1970-71	ONTARIO INTERCOLLEGIATE ATHLETIC ASSOCIATION CHAMPIONSHIPS: Curling; Golf; Skiing, Squash; Table Tennis; Wrestling
1971-72	WESTERN CANADIAN INTERCOLLEGIATE ATHLETIC ASSOC. CHAMPIONSHIPS: Curling
1972-73	GREAT PLAINS ATHLETIC CONFERENCE CHAMPIONSHIPS: Men's Basketball; Hockey; Judo; Soccer; Wrestling
1973-74	GREAT PLAINS ATHLETIC CONFERENCE CHAMPIONSHIPS: Curling; Field Hockey; Judo; Wrestling
1974-75	GREAT PLAINS ATHLETIC CONFERENCE CHAMPIONSHIPS: Field Hockey; Wrestling; Track & Field
1975-76	GREAT PLAINS ATHLETIC CONFERENCE CHAMPIONSHIPS: Field Hockey; Wrestling; Track & Field
1976-77	GREAT PLAINS ATHLETIC CONFERENCE CHAMPIONSHIPS: Men's Basketball; Wrestling
1977-78	GREAT PLAINS ATHLETIC CONFERENCE CHAMPIONSHIPS: Wrestling; Judo
1978-79	GREAT PLAINS ATHLETIC CONFERENCE CHAMPIONSHIPS: Wrestling
1979-80	GREAT PLAINS ATHLETIC CONFERENCE CHAMPIONSHIPS: Soccer CANADA WEST-G.P.A.C., AND C.I.A.U. CHAMPIONSHIPS: Wrestling
1980-81	GREAT PLAINS ATHLETIC CONFERENCE CHAMPIONSHIPS: Soccer CANADA WEST-G.P.A.C. CHAMPIONSHIPS: Wrestling
1981-82	CANADA WEST-G.P.A.C. CHAMPIONSHIPS: Wrestling
1982-83	G.P.A.C. CHAMPIONSHIP: Wrestling
1983-84	G.P.A.C. CHAMPIONSHIP: Wrestling
1984-85	G.P.A.C. CHAMPIONSHIP: Wrestling, Women's Basketball
1985-86	G.P.A.C. CHAMPIONSHIP: Women's Basketball

1974-75	Don Roy	Randy Reid	Greg Cowman
	Terry Paice	Marcel Dubroy	Mary Martin
	Grant Lavallee	Danny Rajnovich	Ciane Chappell
	Mitch Kawasaki	Jeannie Tuomi	
1975-76	Cheyenne Ashukian	Tom Francis	Barry Ruson
	Debra Becker	Ross Hodgkinson	Joanne Skillen
	Cecile Bourret	Linda Luski	
1976-77	Bob Yoisten	Mark Mahony	Bob & Mike Dejardine
	Peter Graham	Luc Marmelic	Dave Sequin
	John O'Brien	Kerry Brown	Roger Perry
	Murial Mortson	Angie Ferguson	Brett McEwan
	Andrea Kerr	Stu Julius	Dave Fitzpatrick
1977-78	Donna Ready	Shannon Tuskie	Nick Cipriano
	Loretta Kwasniewski	Al Pollard	Dave Whitefield
	Dave Vescio	Jan Pollard	
	Gary Warren	Phil Colyer	
1978-79	Eileen Powell	Mark Sauve	Rob Bowdon
	Ron Hampson	Roy Warren	Tracy Drynan
	Wanda Depape	Mark Leverton	Rick Watson
	Karen Wiznuk	Mitch Lalonde	Mary Collinson
	Joe Czaczkowski	Glen Foglin	
1979-80	Sandy Hummel	Jerry Shauble	Doug Jones
	John Zanatta	Randy Budner	Rob Valentini
	Ken Hirschfeldt	Cathy Fuchs	Gord Marchiori
	Gayle Davis		
1980-81	Kathy Swayze	Maureen Grace	
	Mark Jodoin	Dale Adams	
1981-82	Terry Brown	Linda Henderson	Karen Kelly
	Lucy Patterson	Andy Schardt	Marilyn Tink
	Wendy MacDonald		
1982-83	Joanne Harvey-Hodgkinson	Rick Alloi	Jacques Normand
	Scott Wilbur		
1983-84	Tony Scott	Peter Rauch	Denise Cook
1984-85	Monica Burchert	Brad Kells	
1985-86	Catherine Schultz	Ian Hunter	Karen Brown

ATHLETES OF THE YEAR

	Male	Female
1970-71	Clyde Tuyl	Pat Brousseau
1971-72	Elvin Martin	Pat Shewchuk
1972-73	Elvin Martin	Pat Brousseau
1973-74	Mitch Kawasaki/Terry Pace	Pat Brousseau
1974-75	Danny Rajnovich	Jeannie Tuomi
1975-76	Egon Beiler	Kerri Skilling
1976-77	Ron Hampson	Murial Mortson
1977-78	Nick Cipriano	Liz McKinnon
1978-79	John Zanatta	Sandy Hummel
1979-80	Vince Friyia/Andy Ritchie	Mary Slater
1980-81	Mark Jodoin	Mary Slater
1981-82	Dave Zanatta	Lucy Patterson
1982-83	Rick Alloi	Astrid Kneipp
1983-84	Harry VanLaar	Lynne Brown
1984-85	Cheddie Warner	Monica Burchert
1985-86	Dave Barkwell	Lynne Brown
1986-87	Joel Barton	Julia Scott
1987-88	Marko Seppanen	Julia Scott

FRESHMAN OF THE YEAR

	Male	Female
1975-76	Andy Longpre	Lindy Rasmussen
1976-77	Russ Wakewich	Liz McKinnon
1977-78	Vince Friyia/Richard Nagy	Cheryl Kryluk
1978-79	Joe Picton	Mary Jo Fitzpatrick
1979-80	Dave Patterson	Joanne Drake
1980-81	Francis Clayton	Suzanne Kwasny
1981-82	Bob McDougall	Deanna Blumenfeld
1982-83	Laurie Nordstrom	Louise MacDonald
1983-84	Rob Dawson	Leslie Edwards
1984-85	Doug Greaves	Julia Scott
1985-86	Jeff Byerley	Jennifer Powley
1986-87	Jeff Gaudette	Chantal Andrusyshyn
1987-88	Mike Lalonde	Teresa DePiero

MOST VALUABLE PLAYER AWARDS

WOMEN'S BASKETBALL	1970-71	Pat Brousseau Lynn Simmer	1981-82	Lucy Patterson
	1971-72	Lynn Simmer	1982-83	Astrid Kneipp
	1973-74	Lynn Simmer Jeannie Tuomi	1983-84	Monica Burchert
	1974-75	Jeannie Tuomi	1984-85	Lynne Brown/ Monica Burchert
	1975-76	Cecile Bourret	1985-86	Monica Burchert
	1976-77	Muriel Mortson	1986-87	Jennifer Powley
	1977-78	Sandy Hummel	1987-88	Julia Scott
	1978-79	Sandy Hummel		
	1979-80	Mary Slater		
	1980-81	Mary Slater		
MEN'S BASKETBALL	1970-71	Shelton Bellamy	1981-82	David Zanatta
	1971-72	James Copeland Evan Simpson	1982-83	Karl Subban/ Steve Gill
	1972-73	Robert Jackson	1983-84	Harry VanLaar
	1973-74	James Copeland	1984-85	Cheddie Warner
	1974-75	Jimmy Makey	1985-86	John Laplante
	1975-76	Brett McEwan	1986-87	Jeff Byerley
	1976-77	Mel Bishop	1987-88	John Laplante Dino Wesley
	1977-78	Jim Zoet		
	1978-79	Dave Arseneault Dave Zanatta		
	1979-80	Dave Zanatta		
	1980-81	Karl Subban		
HOCKEY	1970-71	Joe Miller	1981-82	Oscar Bortuzzo
	1971-72	Murray McLeod	1982-83	Laurie Nordstrom
	1972-73	George Letowski	1983-84	Bob Bodak
	1973-74	Larry Zulianello	1984-85	Dan Bissonnette
	1974-75	Paul Sandberg Dave Fitzpatrick		
	1975-76	Blaine Ferguson		
	1976-77	Dave Fitzpatrick		
	1977-78	Dan Cuomo		
	1978-79	Vince Friyia		
	1979-80	Vince Friyia		
	1980-81	Henry Rubert		
FIELD HOCKEY	1970-71	Pat Brousseau	1975-76	Lori Williams Donna Ready
	1971-72	Pat Brousseau		
	1972-73	Pat Brousseau	1976-77	Murial Mortson Donna Ready
	1973-74	Pat Brousseau		
	1974-75	Jeannie Tuomi	1977-78	Donna Ready
			1978-79	Gail Davis

(cont'd)

Most Valuable Player Awards (cont'd)

WRESTLING	1970-71	Frank Abdou	1980-81	Mark Jodoin
		Dave Gibbons	1981-82	Mark Jodoin
	1971-72	Elvin Martin	1982-83	Clarence Vaz
		Terry Paice	1983-84	Terry Kells
	1972-73	Elvin Martin	1984-85	Gord Sturrock
		Terry Paice	1985-86	John Prete
	1973-74	Elvin Martin	1986-87	Kelly Russell
		Terry Paice	1987-88	Larry Laine
	1974-75	Terry Paice		
	1975-76	Gary Kallos		
	1976-77	Egon Beiler		
	1977-78	Sean Barry		
	1978-79	Randy Budner		
	1979-80	Randy Budner		
SWIMMING	1974-75	Allan Davis		
	1975-76	Ken Gaskell		
	1977-78	Becky Smith		
		Andy Ritchie		
	1978-79	Maureen Grace		
	1979-80	Maureen Grace		
		Bryan Nunan		
	1980-81	Suzanne Kwasny		
		Andy Ritchie		
JUDO	1972-73	Mitch Kawasaki	1981-82	Mike Heney
	1973-74	Mitch Kawasaki	1982-83	Mike Heney
	1974-75	Ron Hampson	1983-84	Rick Norman
	1975-76	Ron Hampson		
	1976-77	Ron Hampson		
	1977-78	Jerry Shaubel		
	1978-79	Ron Hampson		
	1979-80	Jerry Shaubel		
	1980-81	Mike Heney		
SOCCER	1970-71	Cosimo Valente	1981-82	Andrew Hing
	1971-72	Joe Valente		
	1972-73	Ernie Kreutz		
	1973-74	Marcel Dubroy		
	1974-75	Doug Adamson		
	1975-76	Doug Adamson		
	1976-77	Ray Grynol		
	1977-78	Ken Hirschfeldt		
	1978-79	John Baric		
	1979-80	John Baric		
	1980-81	Jeff Hunt		

cont'd

Most Valuable Player Awards (cont'd)

VOLLEYBALL	1970-71	Barb Medwick
	1971-72	Edith Harkness
	1972-73	Linda Luski
	1973-74	Phyllis Kenny
	1974-75	Linda Luski
	1975-76	Sherry McCart
	1982-83	Cathy Schultz
	1983-84	Brenda Tremblay
	1984-85	Linda Henderson
	1985-86	Laura Petznick
	1986-87	Shelley Cecchetto
	1987-88	Kaela Miller

1987-1988

NOR'WESTER MEN'S BASKETBALL

COACH: Bruno Colavecchia ASST. COACH: Jeff Byerley

LETTERMEN

1st Year

Dan Desrochers
Leslie Ragguette
Mike Lalonde
David St. James
Jim Dimitroff
Andrew Covello
Rob Siver

2nd Year

Albert Tremonti

3rd Year

John Laplante
Mike Connolly
Dino Wesley

MVP

John Laplante
Dino Wesley

Rookie of the Year

Mike Lalonde

Most Improved

--

Best Defensive Player

John Laplante

Carling O'Keefe Player of the Month

November - Dino Wesley

December - Dan Desrochers

January - John Laplante

February - Dino Wesley

A recap of the 1987/88 season can be divided into two very distinct sections. The first half of the year was an aberration marred by difficulties on and off the floor. This resulted in a string of fourteen straight losses. Despite the losses, the players remained confident and determined heading in GPAC play.

GPAC action saw a much improved, exciting brand of basketball. Highlights included victories over Winnipeg, Manitoba and Regina, as well as a loss at the buzzer to the defending national champions, Brandon Bobcats.

This second half improvement sheds an optimistic light on the future of men's basketball as Lakehead enters OUAA play next year.

Individual Statistics

Mike Connolly

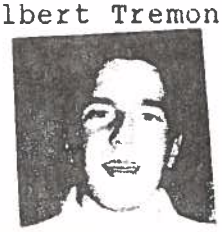
	FG%	3 pt FG%	FT%	PPG	RPG
GPAC	42	--	71	7.8	3.7
Total	39	--	67	7.8	4.2

John Laplante

GPAC	53	46	69	17.9	3.9
Total	45	40	81	16.38	3.6

-Tournament All-star - Winnipeg
-5th GPAC scoring
-OV Player of the Month - January
-GPAC All-star

Albert Tremonti



GPAC	100	50	100	2.3	.8
Total	43	50	100	2.4	.6

Dino Wesley

GPAC	48	16	43	8.4	12.9
Total	38	21	49	8.7	12.3

-OV Player of the Month - November
-Top rebounder in Nation

Rob Siver

GPAC	50	--	66	1.6	.6
Total	59	--	50	.1	1.7

		FG%	3 Pt FG%	FT%	PPG	RPG
Leslie Ragguette						
	GPAC	47	28	71	15.2	3.9
	Total	47	28	71	15.2	3.9
Mike Lalonde						
	GPAC	44	--	58	6.8	4.1
	Total	48	100	45	6.5	4.0
	-GPAC Rookie of the Year					
Andrew Covello						
	GPAC	38	--	50	1.9	.7
	Total	38	--	45	1.4	.8
Jim Dimitroff						
	GPAC	38	--	38	1.1	.8
	Total	28	--	50	2.0	1.2
David St. James						
	GPAC	50	--	--	1.6	1.3
	Total	33	13	79	3.9	1.8
Dan Desrochers						
	GPAC	45	36	61	14.9	2.2
	Total	43	36	51	13.9	2.1
	-OV Player of the Month - January					
	-All-star Bethel College Tournament					
	-All-star Western Tournament					

1987/88 Season Results

Date	Opponents	Score	LU Record	OPP Site	LU FG%	OPP FG%	LU FT%	OPP FT%	LU Reb	OPP Reb
10-23	Laurentian	66-77-L	0-1	H	41	35	55	82	14	42
10-24	Laurentian	63-80-L	0-2	H	40	40	19	43	37	27
10-30	Calgary	54-89-L	0-3	A	32	53	56	57	20	42
10-31	Wilfrid Laurier	46-67-L	0-4	A	27	47	54	70	26	36
11-6	Gogebic	63-64-L	0-5	H	32	43	70	52	34	31
11-13	Northland	61-68-L	0-6	H	40	42	45	89	43	31
11-14	Northland	100-102-L	0-7	H	60	48	66	65	53	24
11-20	Bethel	49-82-L	0-8	A	37	48	56	78	27	34
11-21	Bethel	51-88-L	0-9	A	30	50	67	74	40	35
11-27	McMaster	49-84-L	0-10	A	41	52	100	78	24	19
11-28	McMaster	49-91-L	0-11	A	25	57	39	70	18	38
12-28	Western	64-90-L	0-12	A	56	55	53	61	27	42
12-29	Wilfrid Laurier	63-71-L	0-13	A	43	40	73	53	35	41
12-30	Windsor	77-98-L	0-14	A	43	53	63	69	31	46
01-08	Winnipeg*	70-69-W	1-14	H	49	63	0	60	26	24
01-09	Winnipeg*	66-76-L	1-15	H	48	48	56	66	33	29
01-15	Regina*	51-89-L	1-16	A	46	56	32	86	25	31
01-16	Regina*	67-75-L	1-17	A	36	47	69	72	26	39
01-22	Manitoba*	71-95-L	1-18	A	48	71	55	78	38	41
01-23	Manitoba*	83-108-L	1-19	A	48	58	44	76	30	33
01-29	Brandon*	62-78-L	1-20	H	34	52	81	53	36	42
01-30	Brandon*	59-102-L	1-21	H	37	55	63	75	31	34
02-05	Regina*	80-75-W	2-21	H	57	55	50	60	32	27
02-06	Regina*	73-89-L	2-22	H	52	41	70	83	36	42
02-13	Winnipeg*	72-100-L	2-23	A	44	56	64	79	28	22
02-14	Winnipeg*	74-84-L	2-24	A	51	51	73	84	36	31
02-15	Brandon*	70-73-L	2-25	A	42	46	88	86	29	38
02-16	Brandon*	97-87-L	2-26	A	45	59	64	64	28	24
02-26	Manitoba*	67-78-L	2-27	H	43	48	75	74	47	32
02-27	Manitoba*	87-85-W	3-27	H	56	54	75	87	32	21

*Denotes GPAC Games

Season Record	Exhibition	GPAC	Total
Wins	0	3	3
Losses	14	13	27
Overall	14	16	30

LAKEHEAD UNIVERSITY BASKETBALL STATISTICS

1987/88

PLAYER	YR	GP	FGA	FGM	%	3PT FGA	3PT FGM	3PT %	FTA	FTM	%	OFF REB	DEF REB	TTL	AVG	TO	FOUL	FO	ASST	TTL PTS	AVG
John Laplante	3	26	194	88	45	146	59	40	90	73	81	31+	63 =	94	3.62	100	83	3	--	426	16.38
Dan Desrochers	1	30	334	143	43	94	34	36	55	28	51	21+	43 =	64	2.13	87	90	5	--	416	13.86
Dino Wesley	3	30	253	94	37	58	12	21	79	39	49	130+	231 =	361	12.03	80	70	1	--	263	8.76
Mike Connolly	3	30	252	98	39	1	0	--	57	38	67	48+	78 =	126	4.20	73	104	7	--	234	7.80
Leslie Ragguette	1	14	150	70	47	43	12	28	52	37	71	24+	30 =	54	3.86	58	37	4	--	213	15.21
Mike Lalonde	1	30	166	79	48	1	1	100	77	35	45	49+	71 =	120	4.00	62	109	5	--	196	6.53
David St. James	1	23	95	32	33	8	1	13	19	15	79	11+	30 =	41	1.78	30	28	0	--	90	3.91
Chris Picard	1	11	37	17	46	0	0	--	13	8	62	11+	6 =	17	1.55	16	19	1	--	42	3.81
Jim Dimitroff	1	16	45	13	28	1	0	--	12	6	50	10+	9 =	19	1.19	26	17	0	--	32	2.00
Andrew Covello	1	18	29	11	38	1	0	--	9	4	45	9+	6 =	15	.83	8	15	0	--	26	1.44
Albert Tremonti	2	9	14	6	43	4	2	50	4	4	100	4+	2 =	6	.67	3	2	0	--	22	2.44
Rob Siver	1	9	12	7	59	0	0	--	2	1	50	1+	3 =	4	.11	2	11	0	--	15	1.67
Peter Himanen	2	6	23	3	13	1	0	--	4	3	75	3+	4 =	7	.67	7	4	0	--	9	1.50
Nor'Westers	-	30	1569	665	42	360	121	33	478	291	61	342+	575 =	917	3057	659	586	26	--	1984	66.13
Opponents	-	30	1848	872		225	93		679	492		332+	670 =	1002		449	551	11	--	2515	83.83

1987-88 Nor'Wester Volleyball

Coach: K.D. Livingstone

Assistant Coach: Dave Hood

1st Year

Leslie Ballan
Deanne Geisler
Sue Hodges
Donna Hanson

2nd Year

Allison Dueck
Paula Hyslop

3rd Year

Jacquie Andruski
Kaela Miller

4th Year

Marilyn Chambers

AWARD WINNERS

Most Valuable Player:	1982-83	Catherine Schultz
	83-84	Brenda Tremblay
	84-85	Linda Henderson
	85-86	Laura Petznick
	86-87	Shelley Cecchetto
	87-88	Kaela Miller
Best Offensive Player:	1983-84	Brenda Tremblay
	84-85	Catherine Schultz
	85-86	Catherine Schultz
	86-87	Laura Petznick
	87-88	Jacquie Andruski
Best Defensive Player:	1983-84	Dee Cook
	84-85	Alison Bode
	85-86	Shelley Cecchetto
	86-87	Patricia Allaire
	87-88	Marilyn Chambers
Rookie of the Year:	1983-84	Brenda Tremblay
	84-85	Nicki Gelinas
	85-86	Susan Malench
	86-87	Chantal Andrusyshyn
	87-88	Deanne Geisler

PLAYER	KILLS	BLOCKS	DIGS	ACES
LESLIE BALLAN	116	6	42	19
DEANNE GEISLER	121	27	42	13
PAULA HYSLOP	19	16	26	1
JACQUIE ANDRUSKI	19	23	39	8
SUE HODGES	0	0	1	0
MARILYN CHAMBERS	112	8	62	10
KAELA MILLER	149	77	36	13
ALLISON DUECK	3	8	13	12
DONNA HANSON	20	17	61	5
CORINNE KOLLMAN	24	4	8	5
CATHY BOYLE	3	0	1	1
JANICE LEARN	2	0	1	0
ADRIANNE KNIGHTON	0	0	0	0
SUE MALENCH	13	6	8	3

LESLIE BALLAN - Leslie is a first year Arts student majoring in French. She joined the team this year from Neelin High School in Brandon, Manitoba. Although her primary role with the team was as a power hitter this year, we foresee using Leslie in various roles in future seasons. If Leslie can overcome some nagging injuries that hit her when we needed her most we feel that she can become a real dominant force in the Ontario West Conference. Leslie's versatility and skills will allow us to improve our overall effectiveness next year. This year Leslie led the team in service aces.

DEANNE GEISLER - Deanne is a second year Physical Education student but is in her first year of varsity eligibility. Deanne started at the middle position for us this year and was most effective at complementing Kaela Miller's quick attacks by primarily using a metre-ball attack. Deanne's strength rather than quickness was her asset in the middle. Deanne was second in team hitting, blocking and serving this year. We look to Deanne to be our leader in years to come.

PAULA HYSLOP - Paula is a second year Physical Education student who was with the team until Christmas last year and joined the team again this year in October. A left hander, Paula was expected to play a role in the offside position this year but her impact on the team came as a power hitter. Due to injuries to her teammates, Paula was pressed into service in an unfamiliar position in the last half of the season. She is the only left handed power hitter in GPAC in the last 5 years. Paula did not get a lot of playing time prior to the injury situation but she made the most of it when she had the opportunity to do so.

JACQUIE ANDRUSKI - Jacquie is a fourth year Physical Education student in her third year with the team. Jacquie will graduate this year and is hoping to go into either physiotherapy or teacher's college. Jacquie is the shortest setter in our conference and probably the second shortest setter in the CIAU but despite these limitations she has become the team leader on the court. Jacquie's skill with the ball made better hitters of everyone on the team and in our series with Regina Cougars Jacquie led the team in blocking. Jacquie was our alternate captain this year and often spent her time on road trip flights reading the rule book to know the game a little better. Good example, Jac! Jacquie was our Player of the Month in November.

SUE HODGES - Sue is a second year Physical Education student in her first year with the team. Sue started the season as a practise roster player and eventually became a full member of the team through hard work and rarely missing a practise. Sue lacks the size to be an effective front row player but in critical situations throughout the second half of the season, Sue could be counted on to enter the game to get key serves in or to pass the ball if the other team got a run of points on us. Sue's willingness to accept these roles and to excel at them make her a valuable team player.

MARILYN CHAMBERS - Marilyn is a fourth year Physical Education student in her fourth year with the team. Marilyn is expecting to graduate this year and is hoping to enter teacher's college. Marilyn served as team captain this year and is the most senior member of the team. Marilyn too, is small by power hitter standards but with smart defense and consistently keeping the ball in-bounds on her attacks, Marilyn has earned her right to start for us. Marilyn earned an All-Star award at the Nor'Wester Tournament and should have earned one at the Brock Tournament despite injuring an ankle warming up prior to our first match. Marilyn finished the season the same way she spent most of last season....injured !!! Marilyn was our Player of the Month for October.

KAELA MILLER - Kaela is a Nursing student and this is her third year with the team after sitting out last season with injuries and ironically is the only starter on this year's team that didn't miss any games due to injury. Kaela led the team in hitting and blocking and is probably our most consistent passer. Kaela tied a team record with 77 stuff blocks this season. Kaela was our Player of the Month for January.

ALLISON DUECK -Allison is a second year Physical Education student in her second year with the team. Allison is primarily a setter but was often called upon to perform other duties this year. Not a consistent server in practise, Allison however becomes a tiger in game situations, with a disproportionate number of service aces compared to actual playing time. Allison's determination to see that her personal season ended well earned her Player of the Month for February.

DONNA HANSON - Donna is a Physical Education graduate who has been in teacher's college this past season. Although this is her fifth year in University it is only her first year as a volleyball player. Donna started late in life to become a volleyball player but by mid-season she was a starter. She overcame her lack of experience by paying a higher price for her successes than most. We will all remember how much skin Donna left on the floor and how many funny positions she landed in and how many bruises did you get this year?? Nevertheless, sometimes pain is worth it. On November 27 in a match against Guelph, Donna tied a team record set in 1985 with 23 digs in one match!

1 9 8 7 - 1 9 8 8

N O R ' W E S T E R W R E S T L I N G

COACH: Francis Clayton

L E T T E R M E N

1ST YEAR

Paul Burke
Jamie Coombs
David Emptage

2ND YEAR

Les Gamble
Jim Gowanlock
Steve Roslinsky
Larry Laine

3RD YEAR

Mark Tarantini

A W A R D S

MVP: Larry Laine

Carling O'Keefe Players of the Month

Nov. - Jamie Coombs
Dec. - Jim Gowanlock
Jan. - Larry Laine
Feb. - Les Gamble

Season Wrapup

This season was the best in the last three years for the LU wrestlers. The Nor'Westers had 5 tournament champions, in addition to several 3rd and 4th place performances. The season ended on a high note with Les Gamble winning the bronze and Larry Laine finishing 5th overall at the CIAU's.

Paul Burke - 57 Kg. Hard working and a quiet team leader.

Mark Tarantini - 61 Kg. Mark had some exceptional performances during the year, placing 4th at the Guelph Open, Western Open and Canada West.

Les Gamble - 65 Kg. Les placed 3rd at the Guelph Open, was Canada West champion, and took the bronze at the CIAU's.

Larry Laine - 76 Kg. Larry won the LU Fall Open and was voted outstanding wrestler in this tournament. He placed 4th at the Guelph Open, 2nd at Canada West, and finished the season with a 5th a the CIAU's.

Jim Gowanlock - 76 Kg. Jim had strong performances at the McMaster Open, Guelph Open and Canada West, and won the LU Fall Open and Western Open.

Steve Roslinski - 76 Kg. Although Steve worked hard he lacked experience, but going into his 3rd year Steve should be a strong leader.

David Emptage - 82 Kg. Dave wrestled tough all year and placed 5th at both the Western Open and Canada West.

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N O R ' W E S T E R W O M E N ' S B A S K E T B A L L

COACH: Stu Julius ASST. COACH: Alex Sorensen

MANAGER: Denise Zettler

1ST YEAR

Heather Douglas
Barb Hill
Pam Leitch
Lisa Mazur
Jennifer Smith

2ND YEAR

Lorna Braaksma
Leanne Yarish

3RD Year

Jennifer Powley

4TH YEAR

Doris Burchert
Trish Hyland
Julia Scott

MVP

Julia Scott

Outstanding Defensive Player

Pam Leitch

Most Improved

Heather Douglas

Rookie-of-the-Year

Pam Leitch

Carling O'Keefe Players of the Month

October

Doris Burchert

November

Julia Scott

January

Trish Hyland

February

Julia Scott

Season Wrapup

The Nor'Wester season is over in a blur. Although we did not register a lot of wins, we did have some growth and positive experiences. With Manitoba winning the National championship, it is a tribute to our conference.

Julia Scott finished the season being named to the conference All-star team along with Trish Hyland. We will certainly miss Julia as she is not only an excellent player but her leadership and commitment to the sport is a model for all players. Another player graduating is Doris Burchert who finished the season with 8 points per game and 6 boards.

Perhaps the highlight of the season was the improved play of the freshmen. Heather Douglas and Barb Hill will be strong contenders in the post position. We will be looking to Pam Leitch and Lisa Mazur to pick up the scoring from Julia Scott's departure. With Jennifer Powley, Trish Hyland and Lorna Braaksma we will also have experience.

Another key figure leaving is Alex Sorensen who has been with us for the past five years and has become the backbone of the team. He will definitely be missed and very difficult to replace. The team wishes Alex and wife Anna much success in their future endeavours.

Joining the Ontario loop will be exciting, and with two committed recruits already, we will be a power to deal with. We look forward to your support in 1988-89 as the blue and white roll to victory and the road to the Nationals.

Heather Douglas - Although Heather may not realize it, she had a very good year. She was the most improved player on the team, and averaged 4 rebounds per game. With Heather's size and ability, look for her next season to make a major contribution.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
57	24	76	23	30	1	0	29	9	31	39	69	20

Barb Hill - A native from British Columbia had a competitive first year. Barb had some solid games especially against the National champions, University of Manitoba. It is hoped that the inconsistency will disappear with experience.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
67	23	71	28	39	-	-	24	11	46	29	39	11

Trish Hyland - Trish lead the team and the conference in 3 point plays which earned her an All-star berth in GPAC. She finished the season with 10 points per game, and made some key plays in big games.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
274	25	221	88	40	77	24	41	26	63	31	52	93

Lorna Braaksma - Lorna improved a great deal this year. She averaged 9 points per game and pulled down some key boards. We will look to Lorna for a major contribution next year.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
215	24	200	83	42	-	-	74	49	66	49	63	7

Pam Leitch - Pam had a great rookie year, walking away with Rookie-of-the-Year and Best Defensive Player awards. Pam will be looked upon to be a key figure in the future of the Nor'Westers success.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
106	25	128	40	31	23	4	24	14	58	30	47	51

Jennifer Powley - Jennifer led the offense this year and also led the team in assists with 7 per game. She broke many a game wide open with her ability to hit the open man and to lead the break.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
143	25	166	59	36	2	0	37	24	68	14	71	173

Jennifer Smith - Although seeing limited action, Jennifer put forth a solid effort in practice and contributed to the team in a postive manner.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
8	6	13	4	31	-	-	5	0	0	5	7	1

Julia Scott - Julia finishes her career leading the team in scoring with 14 pt/game avg. She was selected player of the month for November and February and was also selected MVP for her outstanding leadership qualities both on and off the court.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
342	25	255	115	45	64	21	66	49	74	28	66	68

Doris Burchert - Doris rsponded well this year to taking the role as leading rebounder. She was an All-star at the McMaster Tournament and player of the month for October.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
192	23	200	81	41	-	-	56	30	54	55	95	26

Lisa Mazur - Lisa made great strides in confidence this year. She was the best free throw shooter on the team, and should make a major contribution to the Nor'Westers future.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
43	23	38	13	33	-	-	24	18	75	16	37	23

Leanne Yarish - Leanne finished the season with a strong performance against Gogebic College. She had a positive effect on the team with her strong work ethic and team commitment. Leanne will definitely be looked to next season to lead the blue and white in the OWIAA.

					3 PT					REB		
T.PT	GP	FGA	FGM	%	FGA	FGM	FTA	FTM	%	O	D	ASS
84	24	89	39	44	1	0	13	6	46	13	23	24

1987/88 GPAC STATS

	FGA	FGM	3P	%	FTA	FTM	%	PT	OR	DR	PF	TO
LEITCH	91	31	4	34	11	6	54	72	22	29	23	29
POWLEY	112	36	0	32	28	20	71	92	10	47	32	65
SMITH	9	2	0	22	2	0	0	4	1	5	2	0
SCOTT	186	76	13	41	41	29	71	194	16	36	56	43
MAZUR	22	8	0	36	17	12	70	28	7	19	14	14
BURCHERT	112	45	0	40	25	16	64	106	23	42	35	28
YARISH	34	15	0	44	7	3	43	33	3	6	18	6
DOUGLAS	38	15	0	39	17	5	29	35	19	39	23	12
HILL	52	21	0	40	12	7	58	49	20	25	26	12
HYLAND	192	77	23	40	30	16	53	193	14	30	42	43
BRAAKSMA	128	59	0	46	53	40	75	158	32	33	53	29
TOTALS	976	385	40	39	243	154	63	964	167	311	324	281

ALL TIME SCORING
WOMEN'S BASKETBALL

PLAYER	YR	GP	AVG	TTL PTS	POSITION LAST YR	POSITION THIS YR
Lynne Brown	82-86	118	13.74	1621	1	1
Monica Burchert	81-86	143	10.23	1427	3	3
*JULIA SCOTT	84-88	117	11.63	1360	6	4
Angie Kepes	73-78	-	-	894	10	11
*DORIS BURCHERT	84-88	115	6.09	700	16	12
Lynn Simmer	70-74	-	-	648	12	14
*JENNIFER POWLEY	85-88	93	6.27	583	18	15
Debbie Becker	72-77	-	-	371	23	25
Pat Brousseau	70-75	-	-	336	24	26
*LORNA BRAAKSMA	86-88	57	5.79	330	40	27
Louise MacDonald	82-83	25	11.52	288	28	30
Barb Coates	74-77	75	3.73	280	29	31
*TRISH HYLAND	87-88	25	10.96	274	New	32
Gail Simmer	72-74	30	5.27	158	37	40
Mary Collinson	76-79	78	1.94	151	38	41
*LEANNE YARISH	86-88	50	2.86	143	50	42
Cathy Keenan	78-79	27	4.15	112	41	45
Charlene Luke	82-85	69	1.57	108	42	46
*PAM LEITCH	87-88	25	4.24	106	New	47
Jackie Barnes	70-73	-	-	70	49	54
Barb Grace	85-87	33	2.06	68	50	55
*BARB HILL	87-88	23	2.92	67	New	56
*HEATHER DOUGLAS	87-88	21	2.72	57	New	57
M. Riekstins	68-69	-	-	44	56	61
*LISA MAZUR	87-88	20	2.15	43	New	62
Vicki Brown	72-73	10	1.00	10	84	89
*JENNIFER SMITH	87-88	8	1.00	8	New	90

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N O R ' W E S T E R S W I M M I N G

COACH: Bill Humby

As the only member of the varsity swim team this year, DAVID GALLOWAY competed in the OUAA. He worked extremely hard to get back into shape after a two and a half year absence from serious training. He practiced from 8-10 sessions per week, putting in up to 48,000 metres a week. His experience and leadership was a big plus to the Thunderbolts as he set a good example for the younger swimmers with his determination and postive attitude which paid off with a strong showing in the University and Club Team championships. We look forward to having David with us next year.

Competed in 3 meets leading up to the OUAA's:

Nov. 9-11 — Saskatoon Goldfins Invitational
1500 freestyle - 16th - 17:44.7

Nov. 16/17 — Thunderbolts Invitational
400 freestyle - 6th - 4:28.7
1500 freestyle - 5th - 17:48.3

Jan. 9-11 — Ontario Cup, St. Catharines
400 freestyle - 32nd - 4:31.4
1500 freestyle - 29th - 18:01.7

Feb. 20/21 — Ontario University Championships
200 freestyle - 18th - 2:04.4
400 freestyle consolation final -4th-4:14.3
1500 freestyle - 8th - 17:04.2

Feb. 26-28 — Ontario Team Championships
10th - 200 freestyle - 2:03.1
400 freestyle - 4:16.1
1500 freestyle - 17:02.0

1987-88

DIVING TEAM

In their first year of university competition, the two-member diving team, coached by Mitch Geller, really made an impact at the meets they attended.

Teresa DePiero led off the successful season at the University Cup in Toronto on January 15/16 with a first place in the 3 metre event and a 3rd in the tower event. She won the most outstanding performance award. At the John Dickinson Invitational in Toronto, Teresa won a gold medal in the open platform event and Tommy McLeod won a silver medal in the tower event.

The OWIAA swimming and diving championships were held in Ottawa on Feb. 13/14. Teresa DePiero outclassed the field by winning the one metre event with 385 pts. Erin McCune, a University of Toronto diver, placed second with 372 pts. In the 3 metre competition, DePiero won with 408 pts. over McCune with 388 pts.

The following weekend the OUAA swimming and diving championships were held in St. Catharines. Tommy McLeod won a gold medal in the 3 metre event with 506 pts, edging out Bill Bedford of the University of Windsor, who had 424 pts. In the one metre event, McLeod was second with 476 pts. to Mark Forriss of the University of Western Ontario who won with 520 pts. McLeod was presented with the meet's most outstanding diver award.

1987 - 88

MEN'S NORDIC SKI TEAM

In Sudbury the nordic ski team won Lakehead's first OUAA championship.

Marko Seppanen led the team to victory in the individual 8 Km event by placing first with a time of 18:44. Dave Brook was 5th in 19:48. Shane Philip was 7 th in 20:13. Mark Puumula was 13th in 20:54, and Christian Hollman was 33rd in 22:27.

The following day Lakehead's 3 x 10 Km relay placed second to Laurentian University. The overall championship was won by Lakehead with accumulated times of:

1.	Lakehead	2:35.08
2.	Laurentian	2:35.51
3.	Toronto	2:41.22
4.	Carleton	2:42.29
5.	Queen's	2:46.21
6.	Western Ontario	2:47.03
7.	Waterloo	2:50.08
8.	Guelph	3:08.17
9.	McMaster	3:15.59
10.	Ottawa	3:28.19
11.	Trent	3:56.26