

THE

# THUNDERSTORM

DEPARTMENT OF ATHLETICS

VOL. 1, #6, MAY, 1991

## TIMES-JOURNAL 10 MILE ROAD RACE



VICTORIA DAY  
MAY 24, '10

## Legion Branch #6- Lakehead University Ten Mile Road Race

May 20, 1991

The race that has been in existence since 1910 is gearing up for another exciting event! In support of this, ThunderStorm brings you an indepth article detailing the history of the race.

*On the left is a photo of the poster used to publicize the first race, held May 24, 1910.*

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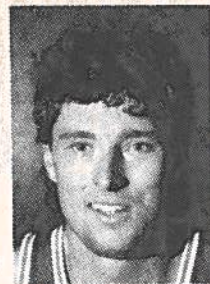
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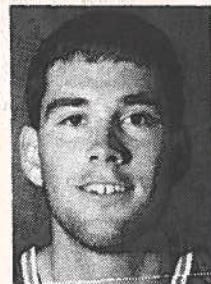
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# Athletic Banquet 1991... Varsity Awards



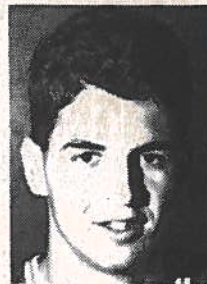
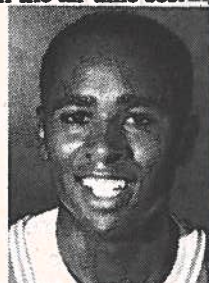
**Men's Basketball Most Outstanding Player Jeff Byerley**  
Jeff was the first recipient of the John Zanatta Memorial Trophy, given to the most outstanding male L.U. basketball player. Jeff, a 6'1" guard and graduate of Lakeview H.S., led the Nor'Westers in scoring and was selected to the OUAA West All-Star team for the 2nd straight year. Jeff completed a brilliant 5 year career with L.U. and finished 5th in the all-time scoring.



**Men's Basketball Best Defensive Player Ray Foster and Leslie Ragguette**  
Not only were Ray and Leslie major contributors in scoring for the Nor'Westers, but received the top defensive assignments in the Nor'Wester games. "Game-in" and "game-out", they covered the top offensive players of the opposing team. Both Leslie and Ray received honourable mention as CIAU Athletes of the Week.



**Men's Basketball Most Improved Player David Pineau**  
David, a second year player for the Nor'Westers, made a major contribution to the Nor'Westers this season. This defensive stalwart was 5th on the team in scoring and improved his performance consistently throughout the season.



**Men's Basketball Rookie of the Year Peter Brown**  
Peter, a graduate of Elliot Lake High School, delighted local fans with his inspired play this year. He was chosen as Rookie of the Year by his teammates. The Nor'Westers will look to Peter to play a key role in leadership and scoring in the 1991-92 basketball season.



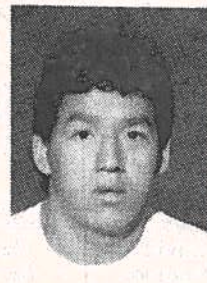
**Volleyball Rookie of the Year Jo-Anne Hood**  
Jo-Anne's sound skills, versatility, and exceptional maturity enabled her to perform at a high level from the start of her university career. She started the season by being chosen an All-Star in her first two tournaments and finished as strongly during league play, to be named OWIAA West Rookie of the Year.



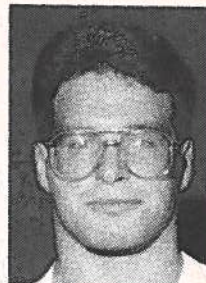
**Volleyball - Most Valuable Player Kelly Breutigam**  
Kelly rewrote the L.U. record book, & she also dominated the OWIAA this season. She was 1st overall in 4 of the league's 6 stats categories. Her patented spike serve gave her most impressive stats-she more than doubled the number of aces of the 2nd place player. Good luck with the Senior "B" National Team this summer, Kelly!



**Volleyball Best Defensive Player Andie Aitken**  
Andie's solid defensive play often was the base of LU's success. Second in serve receive, first in digs, she led by example in these aspects of the game which demand determination and effort. As such, she was an inspiration to all her teammates.



**Wrestling Rookie of the Year and M.V.P. Craig Hardy**



**Wrestling Most Improved Brock Lambert**



**Volleyball - Corinne Kollmann Award (Best Teammate) Shelly Smith**

A popular choice for this award, Shelly's teammates appreciated her personality and respected her dedication. Shelly has a communicative enthusiasm.

# Athletic Banquet 1991... Varsity Awards



**Best Defensive Player Marcy Wood**

A first year player, Marcy had the task of playing against more experienced players. Marcy's speed and quick hands resulted in many steals at key times.



**Most Improved Player Bonnie McAlpine**

Bonnie had a great season after Christmas and seemed to get stronger every game. We are very excited about next season, and I'm sure Bonnie will be a key player for the blue and white.



**Women's Basketball Rookie of the Year Michelle Black**

Michelle had four games scoring in double figures this year. She has the ability to become an outstanding player, and should play a key role next season.



**Women's Basketball Most Valuable Player Kathy Harrison**

Kathy led the team in points with a 14 pt./game average. She finished in the top ten in the league in pts./game, assists, 3-pt. scoring, and was named to the OWIAA All Star Team. We wish her luck at the National try-out in April.

## Athletic Banquet 1991...

# Athletes of the Year

## FEMALE ATHLETE OF THE YEAR

**Kathy Harrison**

Kathy had an outstanding season this year. She was an All-Star in every tournament she played in. She was the player of the month for both October and February. Kathy led the team in points with a 14 pt./game average. She finished in the top ten in the league in pts./game, assists, 3-pt. scoring, and was named to the OWIAA All Star Team.

## MALE ATHLETE OF THE YEAR

**Leslie Ragguette**

Leslie, a 4th year guard from Montreal, finished 4th in scoring in the OUAA West with an 18.4 point per game average. In addition, Leslie led the Nor'Westers in scoring, rebounding and free throw percentage in conference play. Leslie was selected to the OUAA West All-Star team, and received honourable mention as CIAU Athlete of the Week in February.

## FEMALE FRESHMAN ATHLETE OF THE YEAR

**Jo-Anne Hood**

Jo-Anne started off her university career with a high level of performance. She was chosen as an All-Star in the first two tournaments she played in, and finished as strongly during league play, being chosen as OWIAA Rookie of the Year. Jo-Anne's sound skills, versatility, and exceptional maturity gave her a terrific varsity start and will prove valuable in the seasons to come.

## MALE FRESHMAN ATHLETE OF THE YEAR

**Craig Hardy**

Craig won 20 matches, OUAA All-Star recognition, and a 5th place finish at the CIAU wrestling championships in his freshman season. Craig's hard working and aggressive style has caught the eye of many coaches and competitors around the county. After one of Craig's matches this season, former Japanese and World Champion Toshio Asakura, watching from the side, gave Craig the thumbs up, signalling his appreciation for the effort and talent demonstrated by Craig.

## Athletic Banquet 1991...Award Winners

### Men's Basketball

Most Outstanding  
Best Defensive

Most Improved Player  
Rookie of the Year

### Women's Volleyball

Most Valuable Player  
Rookie of the Year  
Best Defensive Player  
Corinne Kollmann Award

### Women's Basketball

Most Valuable Player  
Most Improved Player  
Best Defensive Player  
Rookie of the Year

### Wrestling

Most Improved Player  
Most Valuable Player  
Rookie of the Year

### CLUB SPORTS

#### Cross Country

Most Valuable Player

#### Track & Field

Most Valuable Player

#### Hockey

For Outstanding  
Contribution To The Program

Jeff Byerley  
Leslie Ragguette &  
Ray Foster  
David Pineau  
Peter Brown

Kelly Breutigam  
Jo-Anne Hood  
Andie Aitken  
Shelly Smith

Kathy Harrison  
Bonnie McAlpine  
Marcy Wood  
Michelle Black

Brock Lambert  
Craig Hardy  
Craig Hardy

Sue Kainulainen

Jonathon Solly

Dave Leclerc

### Men's Indoor Soccer

Most Valuable Player

### Women's Indoor Soccer

Most Valuable Player

### Men's Rugby

Most Valuable Player

### Women's Rugby

Most Valuable Player

### Nordic Skiing

Most Valuable Player

Chris Saelens

Colleen DeBoer

Greg Henry

Natalie Patterson

Mike Hay  
Fiona McKenna

### Alpine Skiing

For Outstanding  
Contribution To The Team

Jody Powell

### GRADUATE PINS

Women's Volleyball - Leslie Ballan  
- Jennifer Smith

Women's Basketball - Pam Leitch  
- Barb Hill

Wrestling - Steve Roslinsky

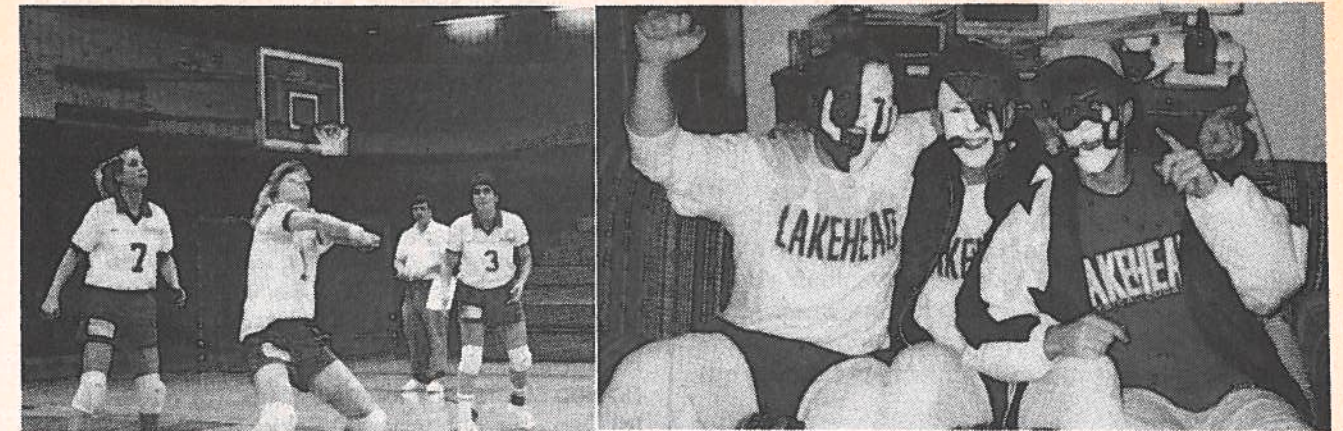
Men's Basketball - Jeff Byerley  
- Mike Lalonde

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Jo-Anne Hood shows off her offensive skills.

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## Ten Mile Road Race Quiz

(Answers on page 13)

How many major sponsors have there been for the Ten Mile Road Race?

(a) 1 (b) 2 (c) 3 (d) 4 (e) 5

2. Who holds the course record for the Ten Mile Road Race?

(a) Bob Moore (b) Tom McAuliffe (c) William Neva  
(d) Dan Shaughnessy (e) Pekka Parvarinta

3. During which one of the following time periods was the Ten Mile Road Race not held?

(a) 1910-1914 (b) 1920-1925 (c) 1933-1939  
(d) 1954-1958 (e) 1975-1980

4. The early winners of the Ten Mile Road Race were awarded:

(a) silver trophies (b) medals (c) money  
(d) ribbons (e) nothing at all

The first female to officially run the Ten Mile Road Race ran the race in

(a) 1930 (b) 1952 (c) 1962 (d) 1968 (e) 1972



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## Thanks to the Assistant Coaches

### Women's Basketball

#### CHERYL KRYLUK

On behalf of the ladies, we would like to sincerely thank Coach "K" for all her help and commitment during the year. Cheryl will be pursuing her teaching/coaching career out west and we wish her well.

### Men's Basketball

#### JOHN GRACE

John Grace has completed his third year as the Nor'Westers men's basketball assistant coach. A former 4 year Nor'Wester player, John was primarily responsible for Lakehead's guards. John is currently an English teacher and midget basketball coach at St. Pat's High School.

During the summer of this year, John will coach the North region's midget team under the Ontario Basketball's development program.

### Men's Basketball

#### RON VENTRUDO

Ron Ventrudo finishes his second year as a

Nor'Wester assistant coach. Ron is currently teaching at Hillcrest High School and this past year coached the Senior team to the playoffs.

Ron's dedication and tireless work helped create an enthusiastic environment for the Nor'Westers. His numerous community contacts assisted in the promotion of varsity athletics in Thunder Bay.

### Wrestling

#### JIM GOWANLOCK

Jim has just completed his second year as assistant coach for the varsity wrestling team. His own experience as a wrestler, combined with an upbeat, positive attitude have contributed a great deal to this season. Jim graduates this year with his H.B.P.E., and we wish him the best of luck.

### Women's Volleyball

#### DOMINIC COOKE

Dominic is completing the third year of his Commerce degree this year. He has been a real asset to the team in his first season as assistant coach and will contribute even more next season.

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# Ten Mile Road Race-May 20, 1991

Prepared by Ron Lappage and Bart Guthrie

Photographs supplied by the Northwestern Ontario Sports Hall of Fame

In April of 1910 the *Fort William Times Journal* announced that it would sponsor an annual 10 mile road race. Sponsorship of sporting events, particularly road races, by newspapers during the early 1900's was common. Other newspapers across Canada such as the *Hamilton Herald*, the *Winnipeg Telegram*, and the *Halifax Herald*, were only a few of the many newspapers that sponsored such races. Canadian public interest in distance running was high as the likes of Tom Longboat, the famous Onondaga runner from Brantford, and William Sherring of Hamilton established national and international reputations through their running achievements during this era.

With the popularity of distance running at an all time high, it is not surprising that the first 10 mile road race held on May 24, 1910 was so successful. A large crowd assembled at the start line as 21 runners set out over the 10 mile course through the streets of Fort William and Port Arthur, cheered on by spectators along the route.

J.E. Edwards of Port Arthur was first across the finish line with a time of 57 minutes, and for his efforts he received a sterling silver cup - a trophy of considerable value today that is on display at the Northwestern Ontario Sports Hall of Fame. Similar sterling silver trophies continued to be awarded until 1939 when the *Times Journal* ceased sponsoring the race.

After its inaugural year the 10 mile road race continued to be held with tremendous success until 1915 when Canada's involvement in World War I forced the cancellation of the event.

After the war, the city of Fort William

announced in April of 1920 that it would host a pre-Olympic trial meet. Walter Knox, a Canadian Olympic coach and former elite athlete, visited Fort William to help promote the event. At the same time, the *Times Journal* decided to revive the 10 mile road race to be held in conjunction with the Olympic trials. Mr. Knox was invited back to the city to view the 10 mile race and the Olympic trials as he was on the selection committee choosing athletes to represent Canada at the 1920 Olympic

continued on page 10...



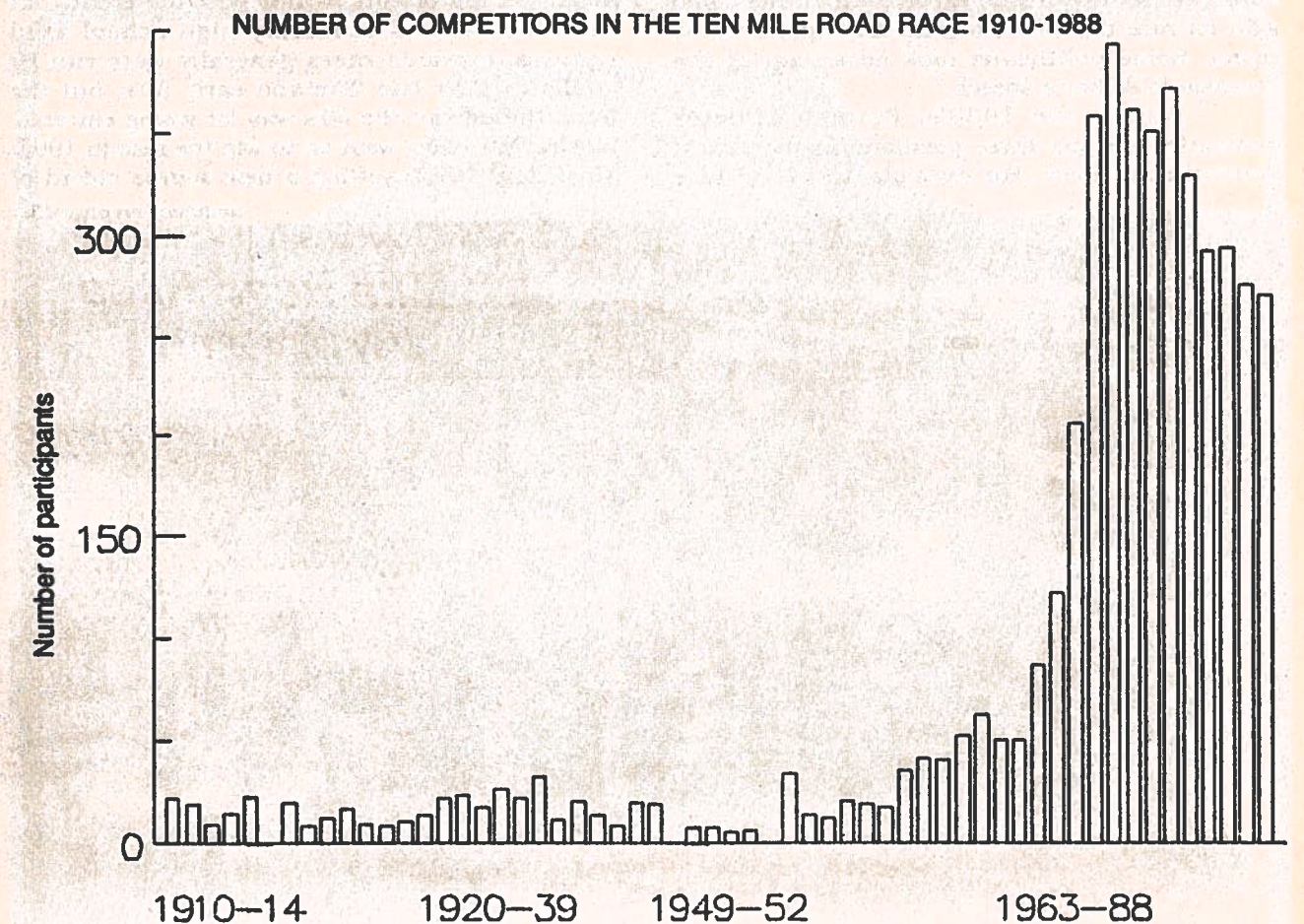
Enter the  
**Legion Branch #6 -  
Lakehead University  
Ten Mile Road Race**  
May 20, 1991



Ten Mile Road Race line-up, May 25, 1936.

## Race Results...1910 to present

|                                                                   |                                                                        |                                                                 |                                                                                                               |                                                                                                                                                 |                                                                                                                                                       |                                                                                                                                            |
|-------------------------------------------------------------------|------------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| 1910<br>J.E. Edwards (57:00)<br>Z.S. Chanier<br>E. Smeaton        | 1935<br>P. Jacobsen (56:51)<br>Arthur Widnall<br>Chas Home             | 1950<br>William Neve (52:46)<br>Arne Rits<br>Timo Lehtinen      | 1965<br>Arjan Gelling (54:16)<br>Roger Williams<br>Dave Sherlock                                              | 1974<br>Dan Shaughnessy (47:37)<br>Jerome Drayton<br>Bob Moore                                                                                  | 1980<br>Dallas Allaire (50:53)<br>Brian Steele<br>Jim Fethers<br>FEMALE DIVISION<br>Sue Kairulainen (52:17)<br>Hillary Kazar<br>Janet Stalker         | FEMALE DIVISION<br>Sue Kairulainen (50:47)<br>Jill Francis<br>Ernie French                                                                 |
| 1911<br>Joe Kasper (54:50)<br>J.E. Edwards<br>Z.S. Chanier        | 1937<br>Peter Jacobsen (56:46)<br>Tommy McLaughlin<br>E.L. Harris      | 1957<br>Arne Rits (56:42)<br>Bob Young<br>Lauri Ristinen        | 1966<br>Arjan Gelling (54:27)<br>Dave Smith<br>Malcom Smith                                                   | 1975<br>Pekka Parvanta (47:09)<br>Bill Britten<br>Hatti Kivri<br>FEMALE DIVISION<br>Janet Silman (53:25)<br>Shannon Hughes<br>Dianne Rives      | 1981<br>Dallas Allaire (51:06)<br>Mike Ivancic<br>David House<br>FEMALE DIVISION<br>Sue Kairulainen (50:01)<br>Helen Reluga<br>Maria Reluga           | 1986<br>Mike Ivancic (50:23)<br>David House<br>John Cadorin<br>FEMALE DIVISION<br>Jill Francis (50:43)<br>Sue Kairulainen<br>Sharon Maki   |
| 1913<br>Alfred Cole (56:31)<br>Fred Stanworth<br>Z.S. Chanier     | 1938<br>Clayton Webb (56:25)<br>Arnold Bouchard<br>Peter Jacobson      | 1958<br>Timo Lehtinen (56:52)<br>Arne Rits<br>Bob Young         | 1967<br>Arjan Gelling (52:06)<br>Peter Hale<br>Romeo Dugay                                                    | 1976<br>Jim Trapp (49:48)<br>Bill Britten<br>Tory Hetherly<br>FEMALE DIVISION<br>Maureen Grace (55:12)<br>Diana Reeves<br>Louise Castonguay     | 1982<br>Ed Mendoza (51:27)<br>David House<br>Gary Young<br>FEMALE DIVISION<br>Sue Kairulainen (50:04)<br>Janet Stalker<br>Cheryl Tyka                 | 1987<br>Bruce McKay (49:32)<br>Paul White<br>John Cadorin<br>FEMALE DIVISION<br>Sue Kairulainen (50:22)<br>Jill Francis<br>Robin Agar      |
| 1915<br>Joe Kasper (56:01)<br>George Hepburn<br>Fred Stanworth    | 1939<br>Tommy McLaughlin (55:58)<br>Arnold Bouchard<br>T. McCulloch    | 1959<br>Timo Lehtinen (55:04)<br>Arne Rits<br>Graham Baker      | 1968<br>Dave Tocher (55:00)<br>Garry Blomquist<br>Howard Conner<br>FEMALE DIVISION<br>Frances Blanche (72:56) | 1978<br>Tory Hetherly (51:04)<br>Tim Alexander<br>Joe Harrow<br>FEMALE DIVISION<br>Maureen Grace (58:04)                                        | 1983<br>Doug Pettyson (51:30)<br>Jim Fethers<br>Paul White<br>FEMALE DIVISION<br>Sharon Dalg (56:46)<br>Betty Oldale<br>Barb Lambert                  | 1988<br>Jim Mahyk (51:50)<br>David House<br>Bill Krezonoski<br>FEMALE DIVISION<br>Sue Kairulainen (50:30)<br>Kim McLeod<br>Ernie French    |
| 1914<br>Elard White (56:52)<br>George Hepburn<br>R. Gellins       | 1940<br>Hil Pike (56:30)<br>Archie Lucas<br>T. McCulloch               | 1960<br>Don Jones (50:55)<br>Paul Werk<br>Bob Young             | 1969<br>Gary Young (56:15)<br>Claude Landry<br>Garry Blomquist                                                | 1979<br>Larry Brown (50:44)<br>Kari Pulkkinen<br>Jim Fethers<br>FEMALE DIVISION<br>Janette Dowton (53:58)<br>Sue Kairulainen<br>Susan McRitchie | 1984<br>Mike Ivancic (51:53)<br>David House<br>Bill Krezonoski<br>FEMALE DIVISION<br>Sue Kairulainen (52:54)<br>Stefanie Stangler<br>Lee-Anne Kostick | 1989<br>Jim Mahyk (51:50)<br>David House<br>Bill Krezonoski<br>FEMALE DIVISION<br>Sue Kairulainen (51:04)<br>Debra Cava Fedi<br>Nancy Nemi |
| 1920<br>E.A. Lawrence (56:40)<br>Arthur Woods<br>W. Solder        | 1941<br>Harrington Anderson<br>(55:11)<br>John Pintala<br>Dave Scholes | 1961<br>Bob Bryce (53:34)<br>Ray Ols<br>Timo Lehtinen           | 1970<br>Robert Moore (49:37)<br>Bob Fehy<br>Wayne Yelman                                                      | 1985<br>David House (50:56)<br>Chris Dickson<br>Doug Pettyson                                                                                   |                                                                                                                                                       |                                                                                                                                            |
| 1921<br>Frank Moran (56:40)<br>Arthur Widnall<br>J.W. Gibson      | 1942<br>John Pintala (56:24)<br>Dave Scholes<br>Hil Pike               | 1962<br>Lorne Allard (52:13)<br>Brian Fines<br>Denny Hurst      | 1971<br>Jim Trapp (54:37)<br>Gary Young<br>Bill Britten<br>FEMALE DIVISION<br>Pam Hannesson (77:23)           |                                                                                                                                                 |                                                                                                                                                       |                                                                                                                                            |
| 1922<br>Wilmet Ramsey (56:47)<br>Arthur Widnall<br>Frank Moran    | 1943<br>David Scholes (55:00)<br>Bob Young<br>Orsola Tiorinella        | 1963<br>Felix Labrala (58:28)<br>Don James<br>John Fore         | 1972<br>Bob Moore (49:28)<br>Bill Britten<br>Jim Trapp                                                        |                                                                                                                                                 |                                                                                                                                                       |                                                                                                                                            |
| 1923<br>Tommy McLaughlin (56:15)<br>Frank Moran<br>Arthur Widnall | 1944<br>David Scholes (55:25)<br>Robert Young<br>Peavo Lahoe           | 1964<br>Arjan Gelling (50:42)<br>Alex Bluzman<br>Roger Williams | 1973<br>Dan Shaughnessy (47:39)<br>Pekka Tihonen<br>Brian Armstrong                                           |                                                                                                                                                 |                                                                                                                                                       |                                                                                                                                            |
| 1924<br>Tommy McLaughlin (56:06)<br>Arthur Widnall<br>Chas Home   | 1945<br>William Neve (55:20)<br>Dave Komonen<br>John Pintala           | 1965<br>Alex Bluzman (54:14)<br>Roger Williams<br>Fred Gray     |                                                                                                               |                                                                                                                                                 |                                                                                                                                                       |                                                                                                                                            |



Year

- 9 -

...continued from page 8

Games. Once again, public interest in the 10 mile road race was heightened by the extensive advertising by the *Times Journal*. Interest in the road race increased steadily throughout the interwar period.

By 1929 Canadians, along with the rest of the world, were feeling the impact of the Depression. Unemployment was high, and associated with the lack of jobs was a lack of money. Morale was also very low. The only commodity which seemed to be in excess was time. This is most likely the main contributing factor to the *Times Journal* 10 mile Road Races' success throughout the 1930's. The race continually drew a great deal of public interest during this period.

The number of participants during the depression years was consistently higher than in previous years, possibly because of the excess free time that some runners had to train. An average of 20 runners competed during the 1930's, as compared to an average of 12 runners during the 1920's

Along with the increase in athletes at the race, an increased involvement by local dignitaries and politicians was evident. The formal invitations to participate as race officials were rarely turned down, as the free public exposure that one could gain on race day was too great an opportunity to reject. Some politicians took advantage of the occasion to deliver a speech.

During the 1930's, Finnish athletes dominated the top three positions in the *Times Journal* Road Race. For example, the 1936 race

illustrated in the accompanying photograph was won by William Neva, a Finnish hard rock miner from Sudbury, while second and third places went to Finnish runner Arne Rita of Sudbury and Toivo Lehtinen of Port Arthur, respectively. These runners were usually sponsored by Finnish clubs.

The success of the race throughout the interwar period came to an abrupt halt in 1939 with the outbreak of World War II. The race was cancelled indefinitely and its future was uncertain. After the war, the *Times Journal* failed to revive the race, and it was not until 1949 that a group of war veterans belonging to Legion Branch #6 in Fort William decided to reorganize the event. A mere seven runners toed the line in that race, the lowest turnout ever. Public enthusiasm and interest was also very low. The Legion went on to sponsor the event for the next 3 years but there were still very few competitors and the general public demonstrated little interest. Consequently, the race was discontinued once again after the 1952 edition.

Interest in distance running increased in the early 1960's and the members at the Legion Branch #6 decided once again to revive the race in 1963. Thirty-three runners entered the race, and Arjan Gelling of Port Arthur won the event that contained a field of mainly high school aged runners. Previous races generally were run by adults in their late 20's and early 30's, but the trend throughout the 60's was for young entrants. Incidentally, Gelling went on to win the race in 1965, 1966, and 1967, setting a new course record of

continued on page 13...



Overhead shot of the start of the 1933 Race.

Thunder Bay Arts and Sports come together in a deliberate, comic way...

## David Broadfoot Comes to Thunder Bay

The Lakehead University Nor'Wester Booster Club and the Community Auditorium are pleased to announce a joint effort, to bring together the Thunder Bay Arts Community and Sports Community in a deliberate way.

On Thursday, May 23, the Booster Club will hold its first annual Celebrity Dinner - this year featuring Dave Broadfoot. Broadfoot is one of Canada's true comic gems and genius.

Funds raised that evening will support the purposes of the Lakehead University Nor'Wester Booster Club. These are:

- 1) scholarships for student athletes
- 2) coaching development
- 3) varsity sports development
- 4) regional sports development

Tickets will be \$60.00, with each attendee receiving a tax receipt for between \$35 - \$40, depending upon the final price of the meal. As one of the corporate supporters of the Lakehead

University Varsity Program, the Airline Motor Hotel will cater the event and help sponsor it.

Tickets went on sale Monday, April 29 and are available at the Auditorium Box Office, the Lakehead University Athletic Department, or through Booster Club executive members. Tickets are for preassigned tables.

Broadfoot will also be appearing at the Community Auditorium on Wednesday, May 22. His show, called "Dave Broadfoot's Comedy Crusade", has enjoyed rave reviews:

'Dave Broadfoot's material is topical and tough, hitting us in our sensitivities with hurled hyperbole, and it works. We laugh long and loud.'

EDMONTON JOURNAL

'His insightful observations on everything from politics to fat, steroids to religion, are delivered with all the delights of a rascally leprechaun. A great performance by Canada's best stand-up comedian.'

CFTR, MORNING NEWS



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- \* Call the Adult and Continuing Education Centre at 475-4840
- \* Call the Lakehead Board of Education at 625-5282

...continued from page 10

52:06 in 1967.

The year 1968 was significant in that the first female competitor ran the race. Frances Blanche of Marathon finished with a time of 72'56, fast enough to beat several male competitors. Since that time, the number of female competitors in the race has gradually increased to about 55-60. Susan Kainulainen's time of 58:30, set in 1984, is the fastest time for a female in the 10 miler to date.

After the 1969 race, the Legion officials requested that the race be declared the National Championship for 1970 and the Canadian Amateur Athletics Association complied with this request. The field assembled for the 1970 race was one of the best ever. Robert Moore, representing the Toronto Olympic Club, raced the course in a time of 49:37, setting a new course record. The second and third place finishers were also from Toronto.

Local members of the Ontario Track and Field Association (OTFA) became involved with the race in 1974. The benefits included liability insurance for the race and sanctioning the race so that the winning times of the athletes could be used as a basis for National Team selection. Officials trained in the area of road racing were also provided by the OTFA.

The race was again declared the National Championship in 1973 and 1974 and attracted notable athletes such as Dan Shaughnessy, Jerome Drayton, and Robert Moore. In 1975, Reipas, a local Finnish Athletic Club, sponsored Pekka Parvarinta, a world-class Finnish runner to attend the race. His winning time of 47:09 has yet to be broken.

After 1976 there was a gradual increase in the number of runners in the race, peaking at 392 in 1980. Since the early 1980's, the number of participants has dropped from the high 300's, to stabilize around the high 200's. The rapid increase in the number of runners seemed to coincide with a general jogging craze that hit the country around the mid-1970's and the more recent trend to a smaller number of entrants possibly indicates that the novelty of running in the 10 mile road race has diminished slightly.

The annual sponsorship of the race by the Legion Branch #6 continued throughout the 1970's and early 1980's. However, due to the increasing financial burden on a decreasing budget and a general declining interest in the race by the members, the Legion withdrew its sponsorship after the 1988 race. An end to the historic, prestigious race seemed inevitable, but fortunately a new sponsor, Lakehead University, came forth and provided the necessary funding for the race. The Legion members agreed to continue to assist in the administrations. Consequently, the race took on a new name for the third time in its history. The 56th running of the event in 1989 was named the Legion Branch #6 - Lakehead University Ten Mile Road Race. The 58th running of the race under the new sponsorship of Lakehead University is scheduled to be held May 20, 1991.

**Answers to Ten Mile Road Race Quiz**

1. (c) 2. (e) 3. (d) 4. (a) 5. (e)



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# New Faces

## WOMEN'S BASKETBALL

Presently confirmed for 1992-93 is Donna Forman. Donna is 5'10" guard who has outstanding athletic ability, and will add to the quickness category of the team. I am very excited about Donna attending Lakehead.

Michelle Vesprini is perhaps the best player from Ontario. Presently we are still in battle with the University of Western. We hope that she decides to wear blue instead of purple. If he does, "Look out, Ontario, here we come!"

## MEN'S BASKETBALL

Craig Law is a 6'7" forward from St. Ignatius High School who was actively recruited by the University of Manitoba, University of Winnipeg, University of Waterloo, McMaster University and a number of colleges in the United States. In the summer of 1990, Craig was key member of the Ontario Juvenile

Provincial Team that participated in an elite tournament in New York.

Craig will have an immediate impact in the Nor'Wester line-up. His ability to run the court, block shots and will strengthen and add depth to the Nor'Wester front line. Craig was coached by Frank D'Angelo and Tom Golden at St. Ignatius.

## VOLLEYBALL

Alyson Nicol

This St. Ignatius student will be entering Lakehead's Commerce program in September.

Alyson's transition from high school to varsity ball will be much easier than for most athletes, thanks to her participation in the Junior Lady Nor'Westers program during the last two seasons. Alyson was a key player in last year's Provincial Championship Team and

played an important role in this year's team as well. She also gained valuable experience from her involvement in the NWO Regional Team. Her excellent defensive skills and her setting abilities will help in making Lakehead a better team.

## WRESTLING

The 1991-92 wrestling Nor'Westers will have a number of new faces that will definitely help to improve upon their last season's finish.

Some of the local high school wrestlers that have shown interest by applying for admission in the Fall Term are:

Chris Robertson (H.S. Coach Norm Sakamoto)  
Rodney Tatebe (H.S. Coach Norm Sakamoto)  
Mike Dantanson (H.S. Coach Reno Niemi/  
Steve Danlar)

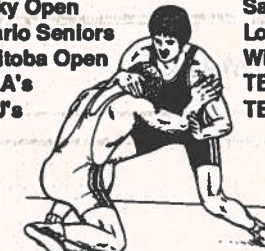
Arron Hardy (H.S. Coach Randy Budner)  
Sheldon Muir (H.S. Coach Reno Niemi)



# LAKEHEAD UNIVERSITY NOR'WESTERS 1991/92 SCHEDULE

## WRESTLING

| Date        | Event              | Location             |
|-------------|--------------------|----------------------|
| Oct. 26     | RMC Novice         | Kingston, Ont.       |
| Nov. 16     | Brock Invitational | St. Catharines, Ont. |
| Nov. 23     | Mt. Allison        | Sackville, NB        |
| Nov. 29     | LJ vs. UWO Dual    | Lakehead             |
| Jan. 11     | Garvie Memorial    | Lakehead             |
| Jan. 18     | Husky Open         | Saskatoon, Sask.     |
| Jan. 25     | Ontario Seniors    | London, Ont.         |
| Feb. 1      | Manitoba Open      | Winnipeg, Man.       |
| Feb. 15, 16 | OCAA's             | TBA                  |
| Feb. 28, 29 | CIAU's             | TBA                  |



## WOMEN'S BASKETBALL

| Date        | Event                | Location |
|-------------|----------------------|----------|
| Oct. 18     | Alumni               | Home     |
| Oct. 25     | Pizza Hut Tournament | Home     |
| Nov. 1, 2   | Brandon vs. LJ       | Home     |
| Nov. 8-10   | Manitoba Tournament  | Away     |
| Nov. 15, 16 | Manitoba Tournament  | Home     |
| Nov. 22, 23 | York Tournament      | Away     |
| Nov. 29, 30 | OFSSAA Recruiting    |          |
| Jan. 4, 5   | Winnipeg Tournament  | Away     |
| Jan. 11, 12 | Waterloo vs. LJ      | Home     |
| Jan. 18, 19 | LJ vs. Windsor       | Away     |
| Jan. 25, 26 | Mac vs. LJ           | Home     |
| Feb. 1, 2   | LJ vs. Brock         | Away     |
| Feb. 7, 8   | Western vs. LJ       | Home     |
| Feb. 14, 15 | LJ vs. Laurier       | Away     |
| Feb. 21, 22 | Guelph vs. LJ        | Home     |

## MEN'S BASKETBALL

| Date           | Event                       | Location    |
|----------------|-----------------------------|-------------|
| Oct. 19        | John Zanatta Alumni Game    | Home        |
| Oct. 25, 26    | Laurentian University       | Home        |
| Nov. 1, 2      | Pizza Hut Invitational      | Home        |
| Nov. 8, 9      | Northland College           | Home        |
| Nov. 15        | University of Manitoba      | Winnipeg    |
| Nov. 16        | University of Winnipeg      | Winnipeg    |
| Nov. 21        | St. Scholastica             | Duluth      |
| Nov. 22, 23    | Bethel College Invitational | Minneapolis |
| Dec. 27-29     | Wesman Classic              | Winnipeg    |
| Jan. 3, 4      | Brandon University          | Brandon     |
| Jan. 10, 11    | University of Waterloo      | Home        |
| Jan. 17, 18    | University of Windsor       | Windsor     |
| Jan. 24, 25    | University of McMaster      | Home        |
| Jan. 31-Feb. 1 | University of Brock         | St.         |
| Feb. 7, 8      | Western                     | Home        |
| Feb. 14, 15    | Laurier                     | Waterloo    |
| Feb. 21, 22    | Guelph                      | Home        |
| Feb. 25        | OCAA West Quarter Final     | TBA         |
| Feb. 28, 29    | OCAA West Final             | TBA         |
| Mar. 7         | Wilson Cup                  | TBA         |

## UPCOMING EVENTS

Pizza Hut Spring League, May 6 - June 20 on Tues. and Thurs. evenings  
Men's Summer League, July 2 - August 9  
Lakehead University Basketball Camp, August 12 - 16

## WOMEN'S VOLLEYBALL

| Date            | Event                           |
|-----------------|---------------------------------|
| Sept. 21, 22    | U. Wisconsin-Superior Tourn.    |
| Sept. 27, 28    | Lake Superior State (tentative) |
| Oct. 4, 5       | U. Minnesota-Duluth Tourn.      |
| Oct. 18, 19     | York at Lakehead (tentative)    |
| Oct. 25, 26     | York Invitational               |
| Nov. 8, 9       | Laurier at Lakehead*            |
| Nov. 15, 16     | Lakehead at Guelph*             |
| Nov. 29, 30     | McMaster at Lakehead*           |
| Jan. 3, 4       | LJ Pizza Hut High School Tourn. |
| Jan. 10, 12     | Carleton Invitational           |
| Jan. 17, 18     | Windsor at Lakehead*            |
| Jan. 24, 25     | Lakehead at Waterloo*           |
| Jan. 31, Feb. 1 | Brock at Lakehead*              |
| Feb. 7, 8       | Lakehead at Western*            |
| Feb. 28, Mar. 1 | OWIAA Championships             |
| Mar. 13-15      | CIAU Championship               |

\* Denotes OWIAA League matches.





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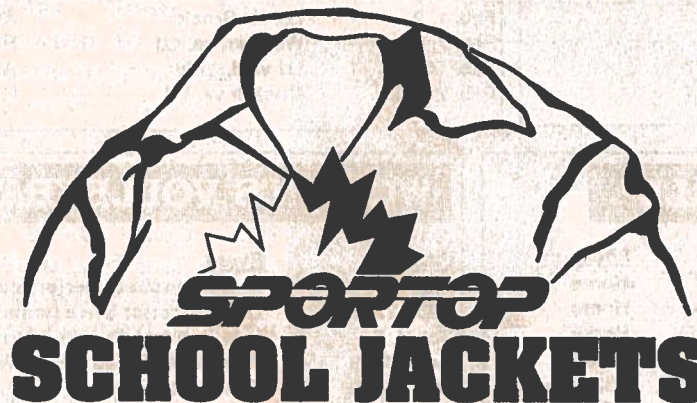
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